

<https://persoremy.fr/spip.php?article71>



**st jean de garguier(gemenos)
vallon des seignors,col de
l'espigoulier,collines blanches,
falaise de la galère, gour de
abbaye de st pons,
pelle ,cascades....**



Date de mise en ligne : lundi 15 avril 2013

- Randos

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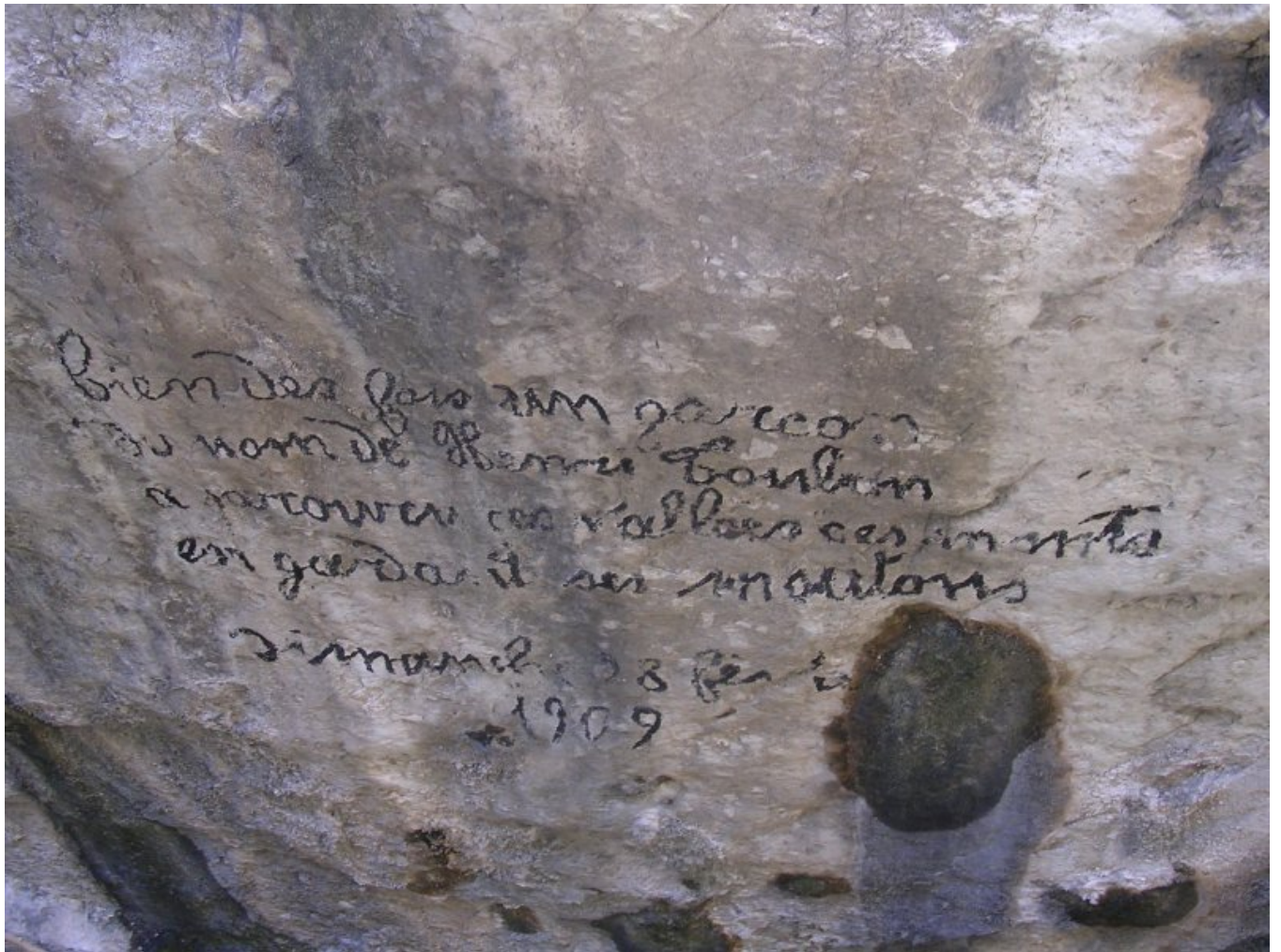
- [carte ign](#)











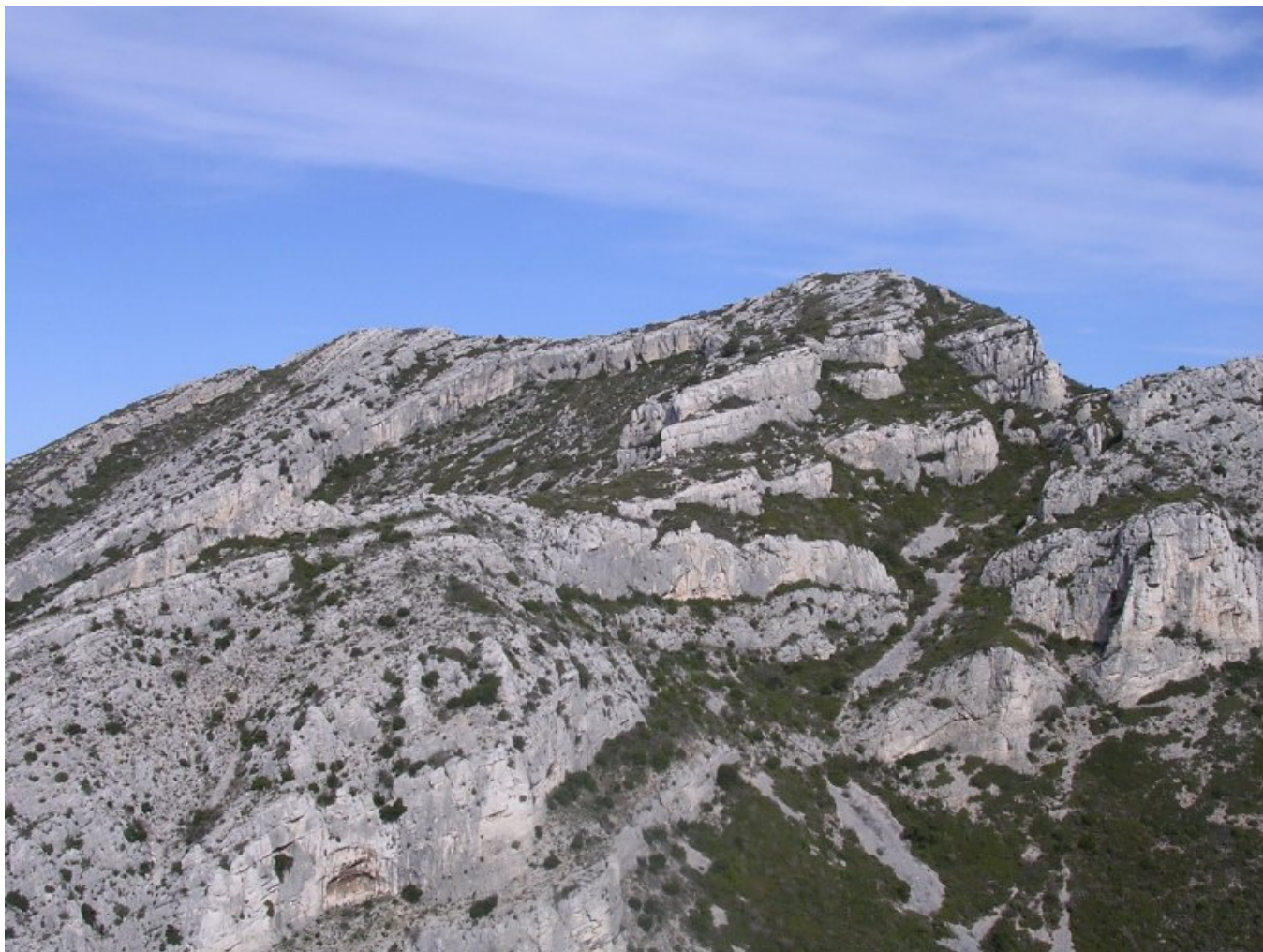


























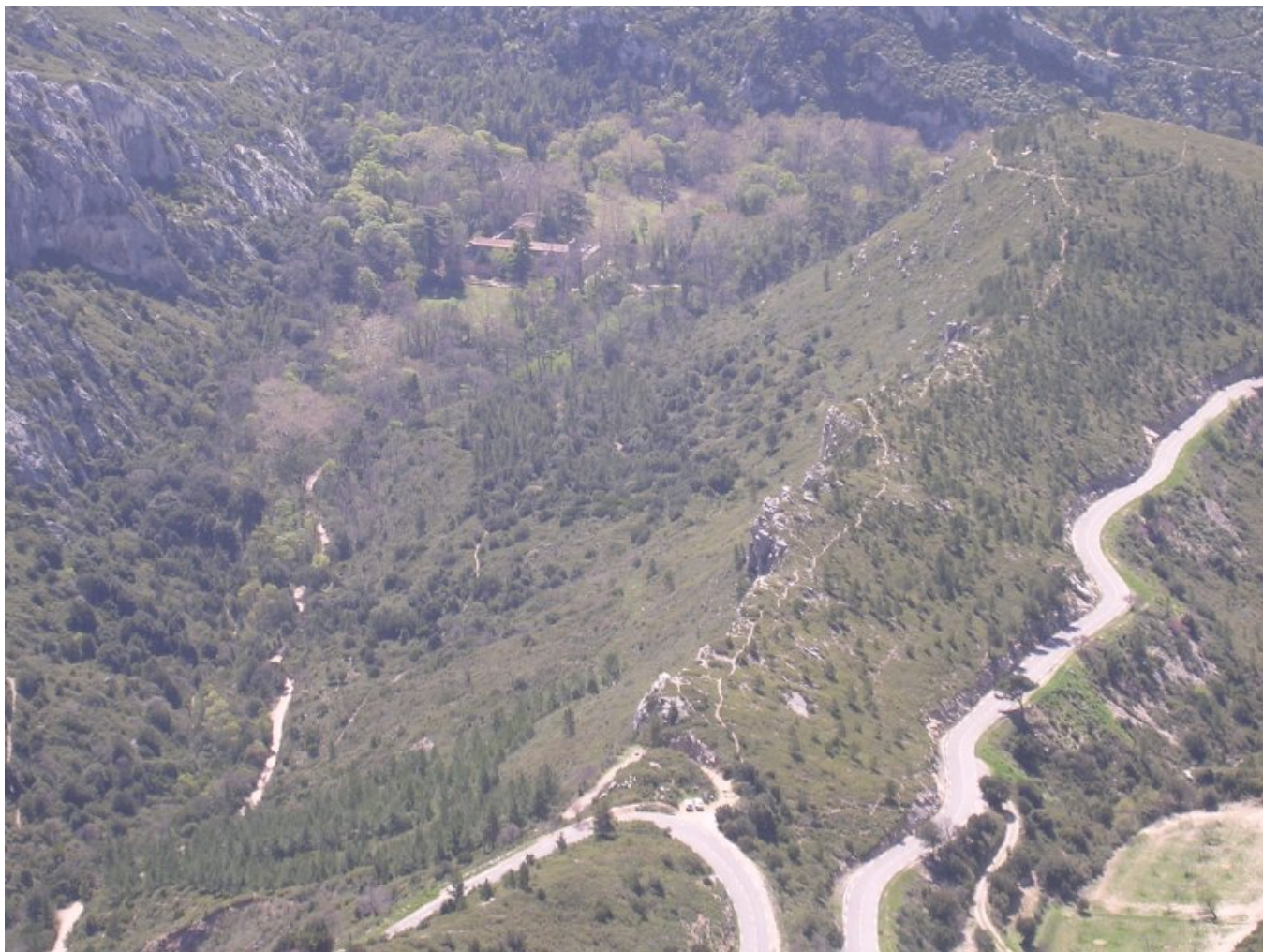
























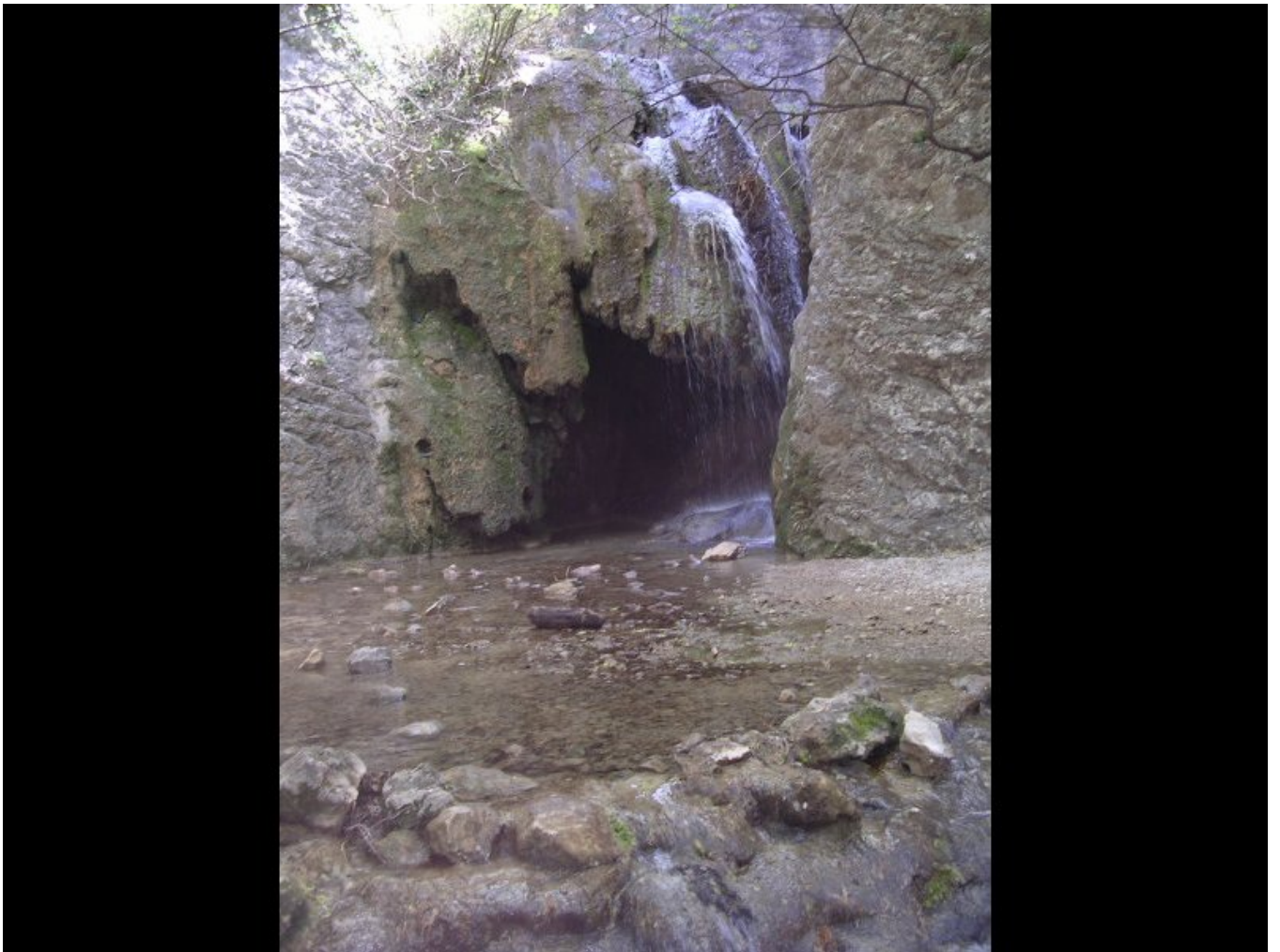






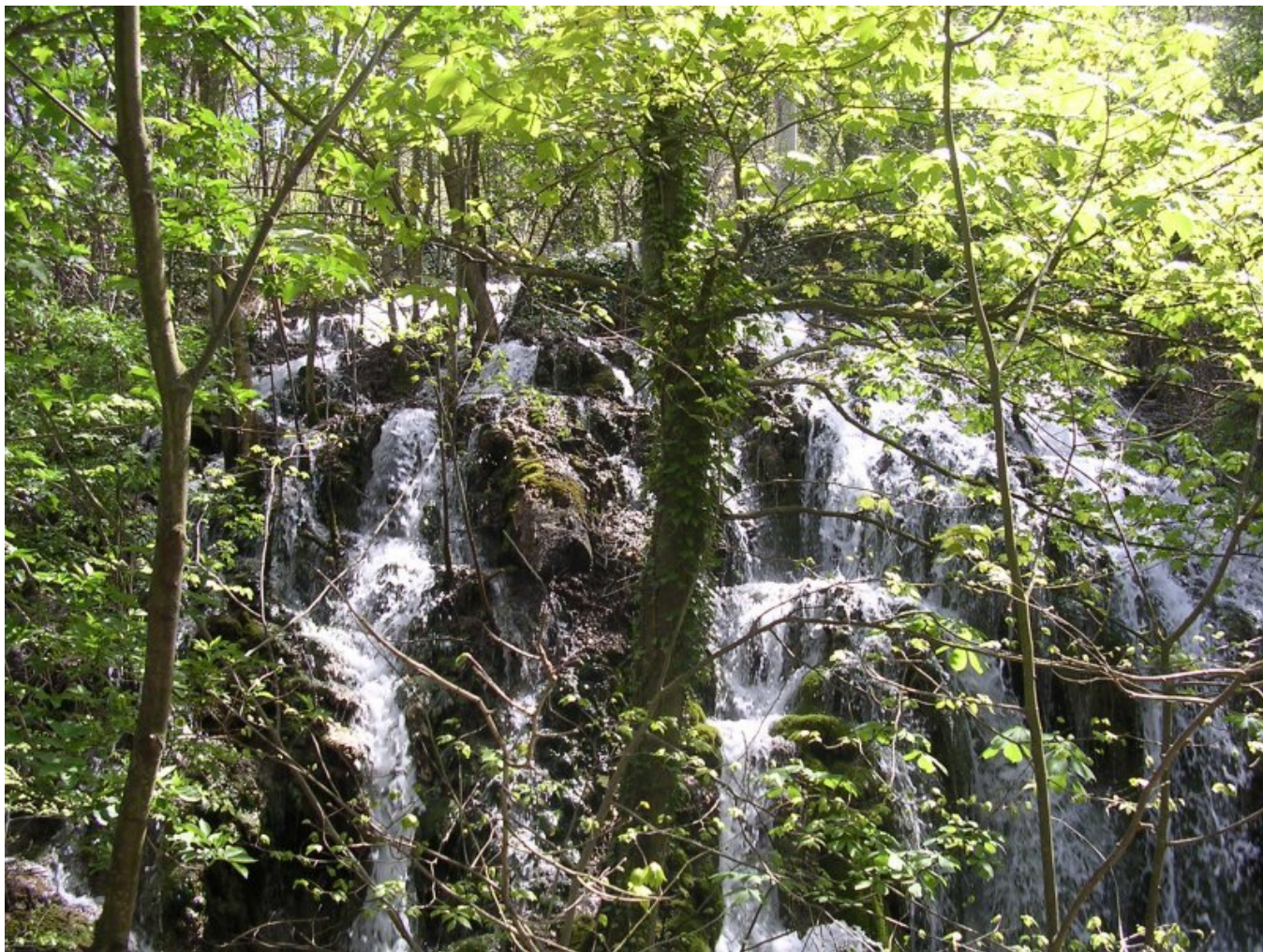










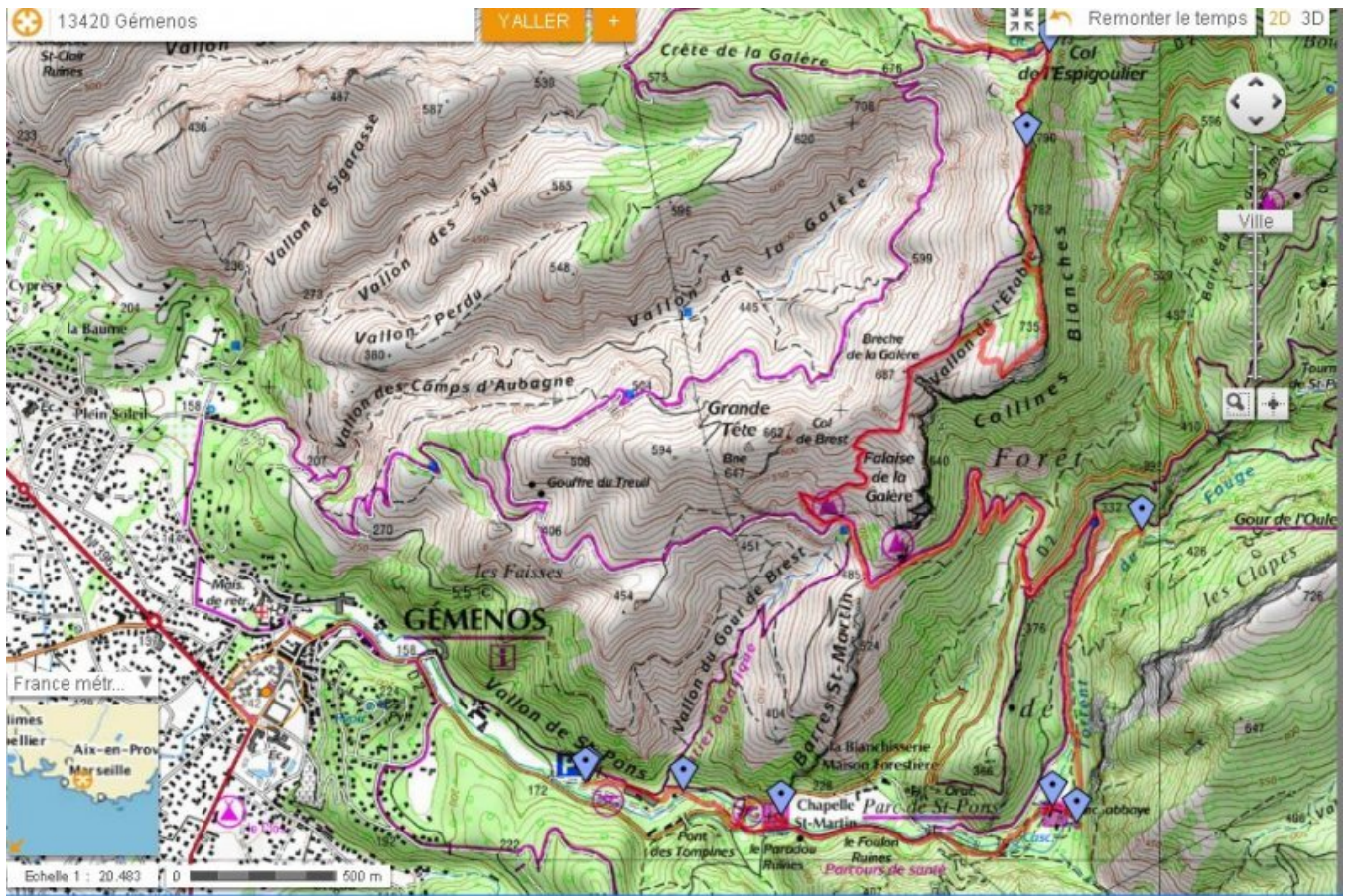


















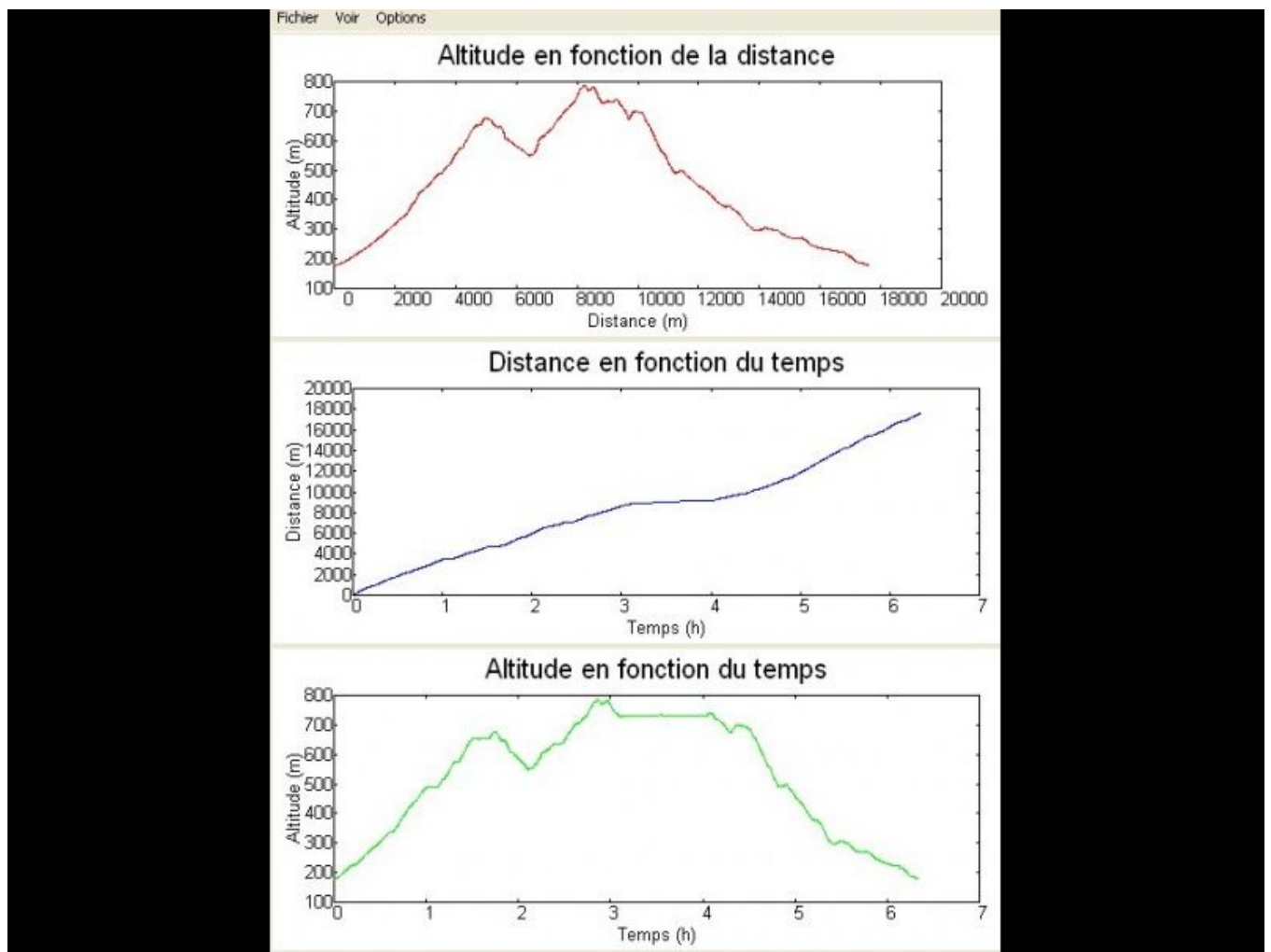


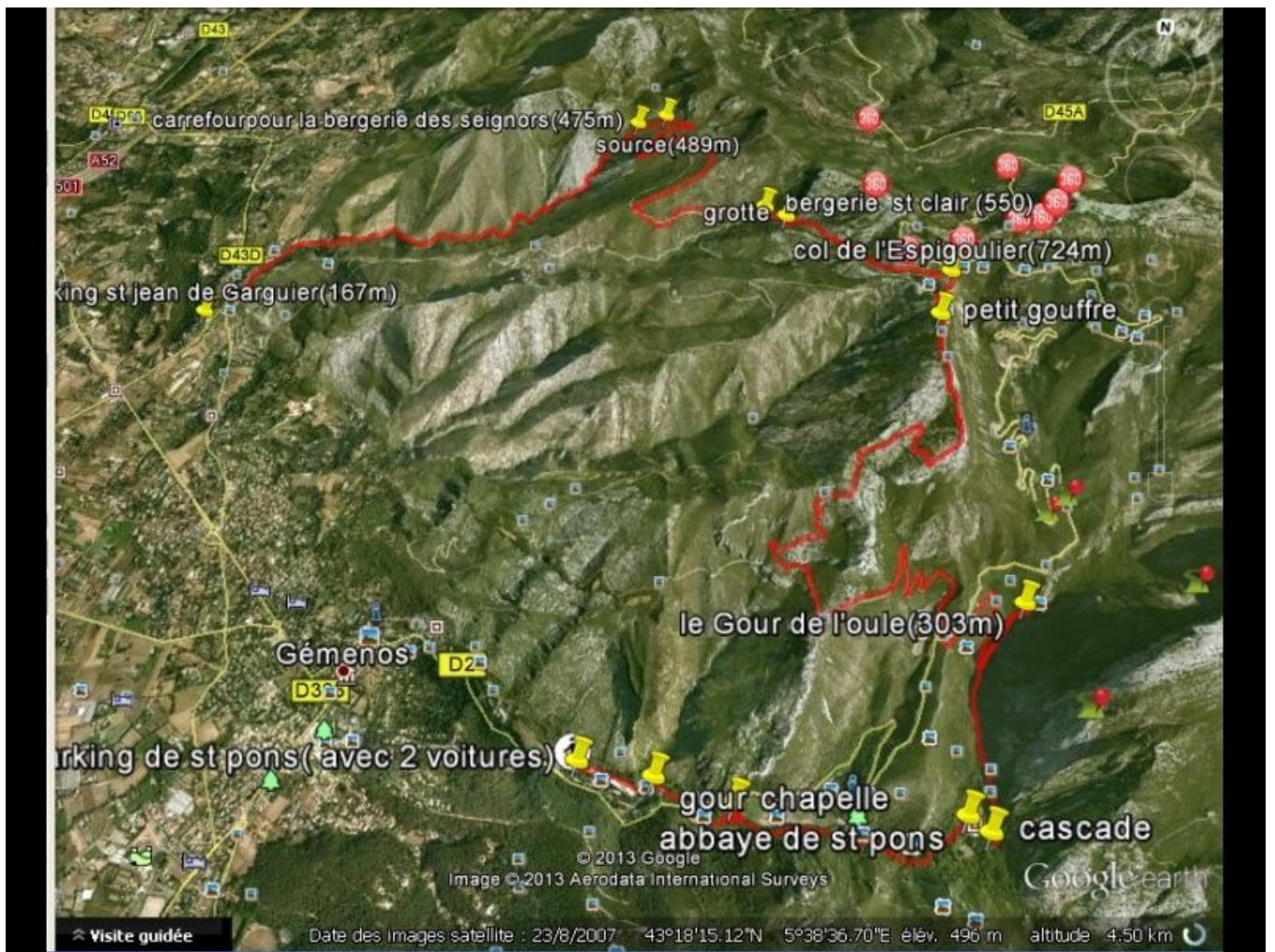




	Départ	Arrivée		
Date	15/04/13	15/04/13	Distance (m)	17627.347
Heure	06:43:43	13:04:11	Durée	06:20:27
Altitude (m)	177	176	Vitesse moy (km/h)	2.780
Altitude min (m)	176		Dénivelé + (m)	911
Altitude max (m)	785		Dénivelé - (m)	911
Altitude moy (m)	457			

Enregistrement du fichier réussi.





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