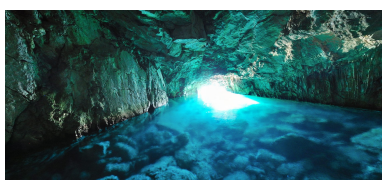


<https://persoremy.fr/spip.php?article646>



# luminy, marseille, 13, col de morgiou, crête de morgiou, col renard, morgiou, grotte bleue...

- Randos



Date de mise en ligne : lundi 12 juin 2023

Date de parution : 12 juin 2023

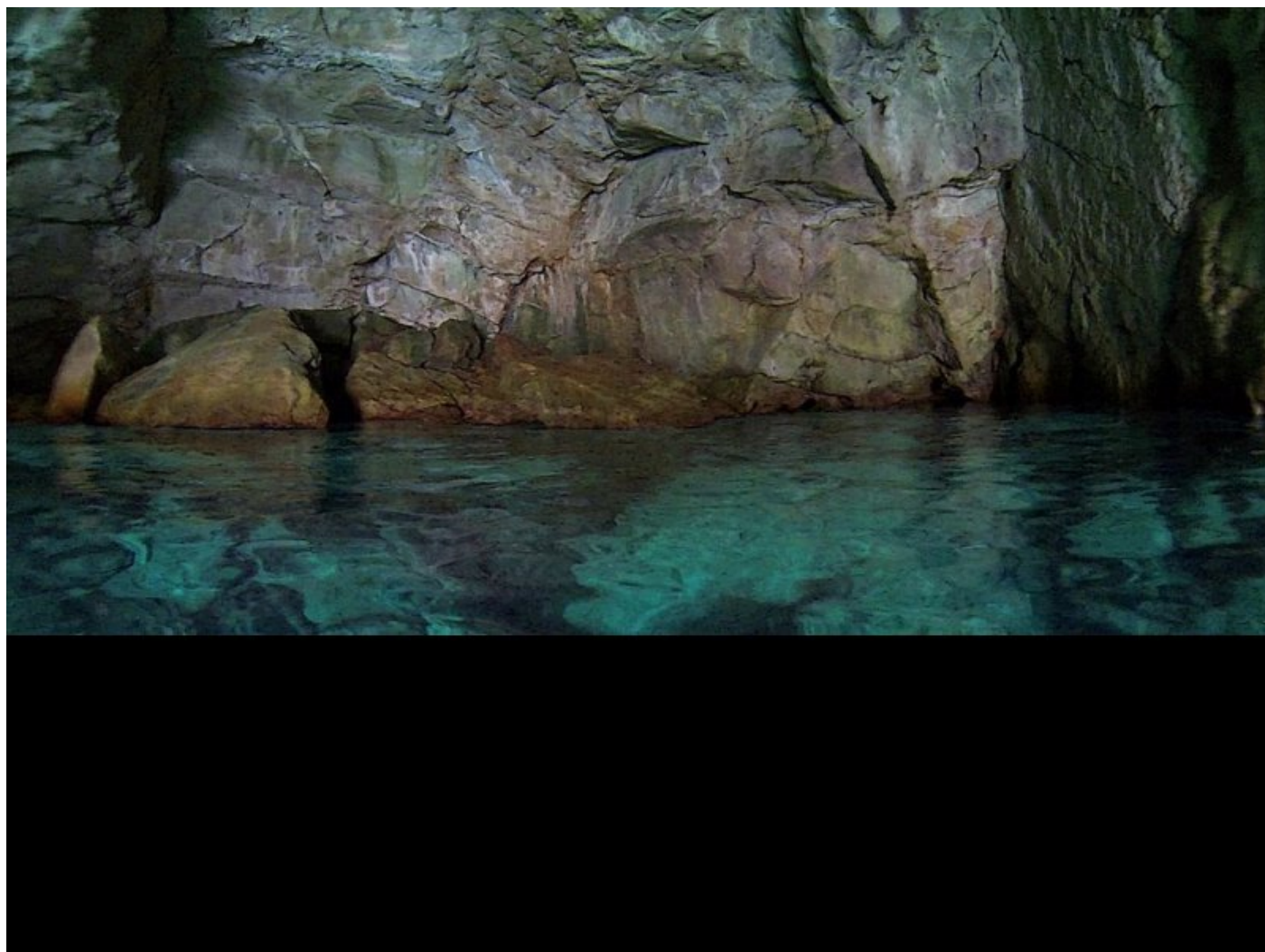
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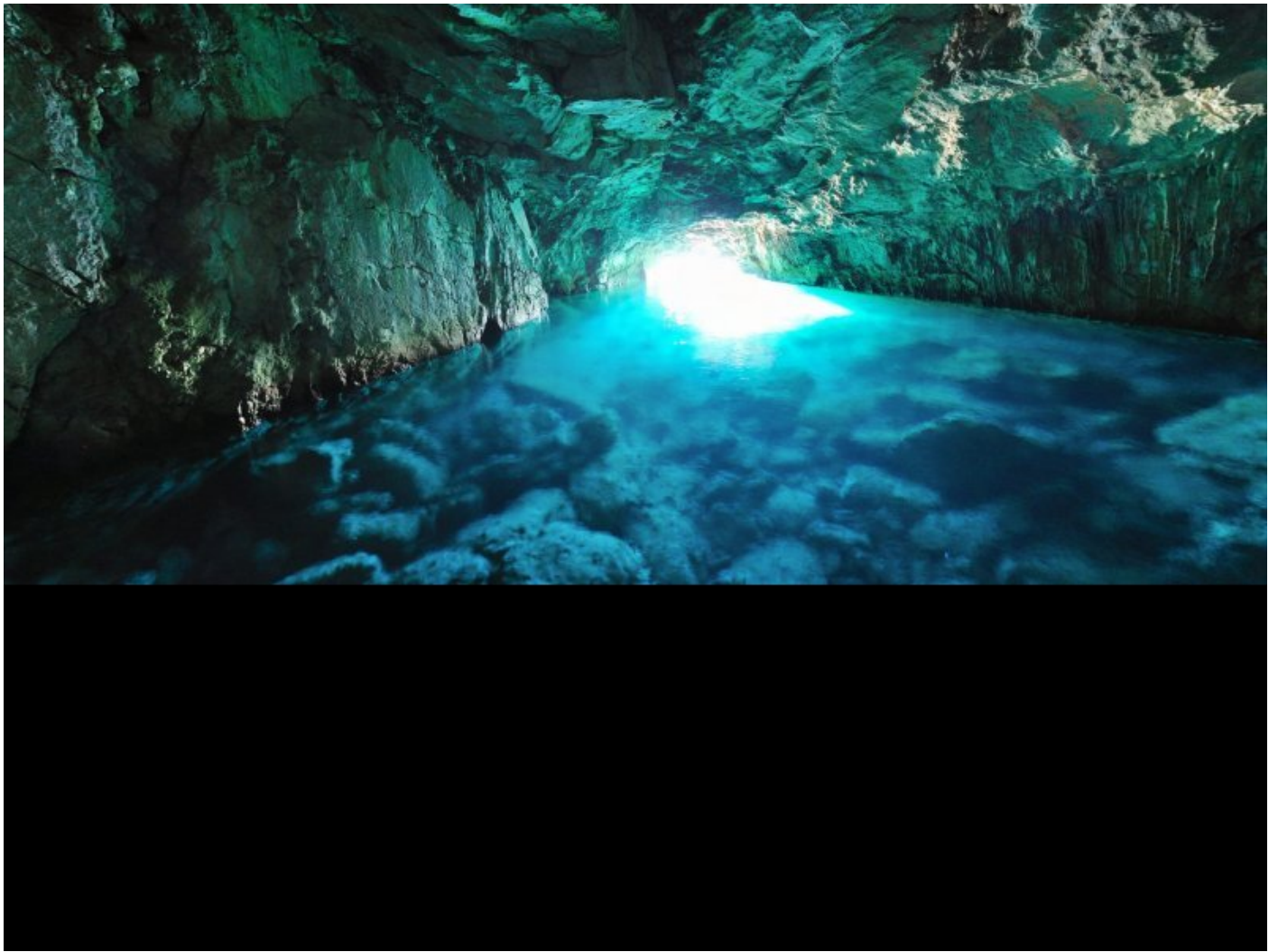
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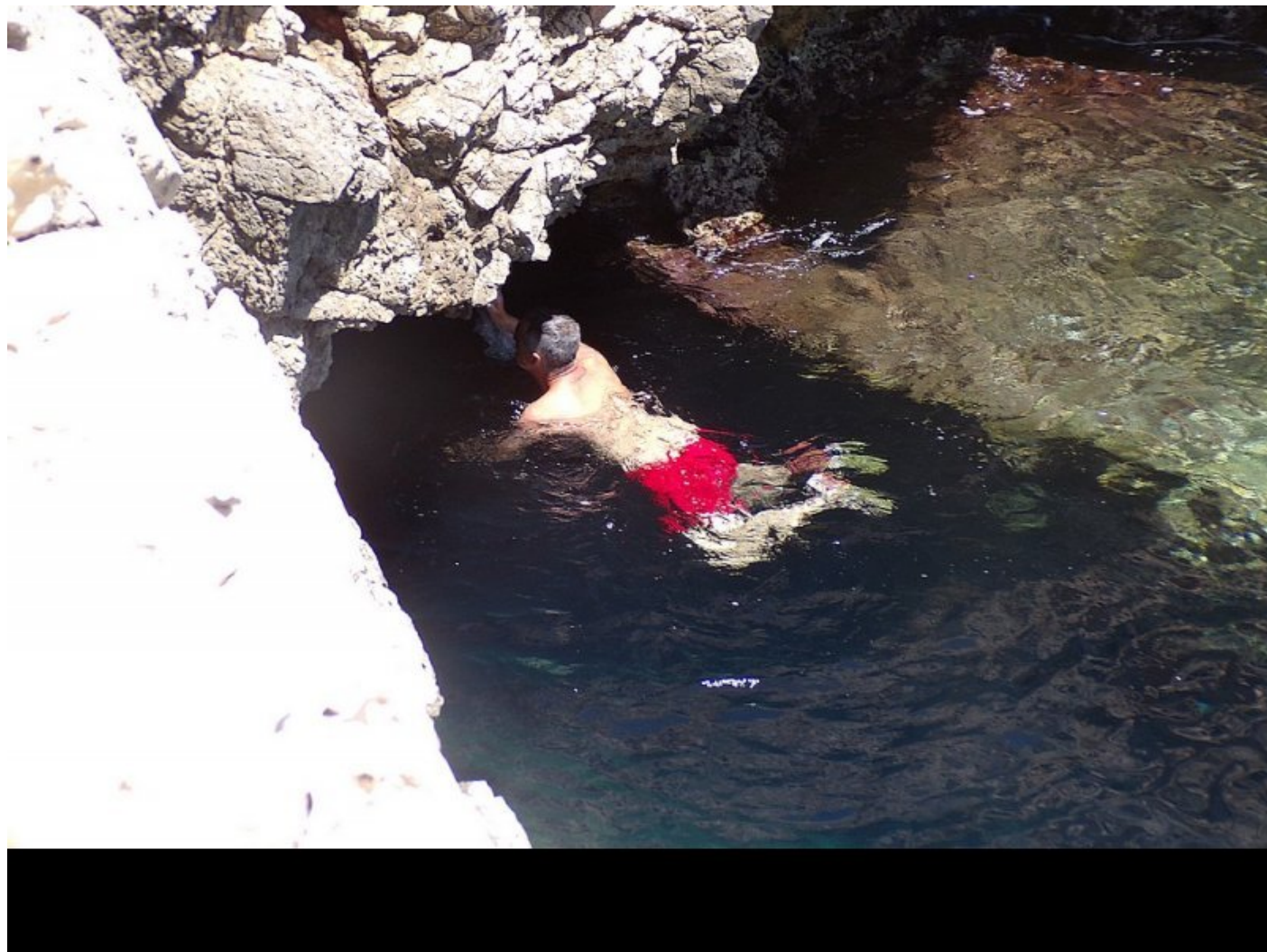
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parking luminy, marseille, rando moyenne de 11kms600 en 4h45 et 366m de dénivelé, 28°, don assez chaud, direction col de morgiou par la piste, le col des escourtines, tracé crête de morgiou, jusqu'à la descente vers le col renard, physique.., puis le sentier noir vers morgiou, idem...

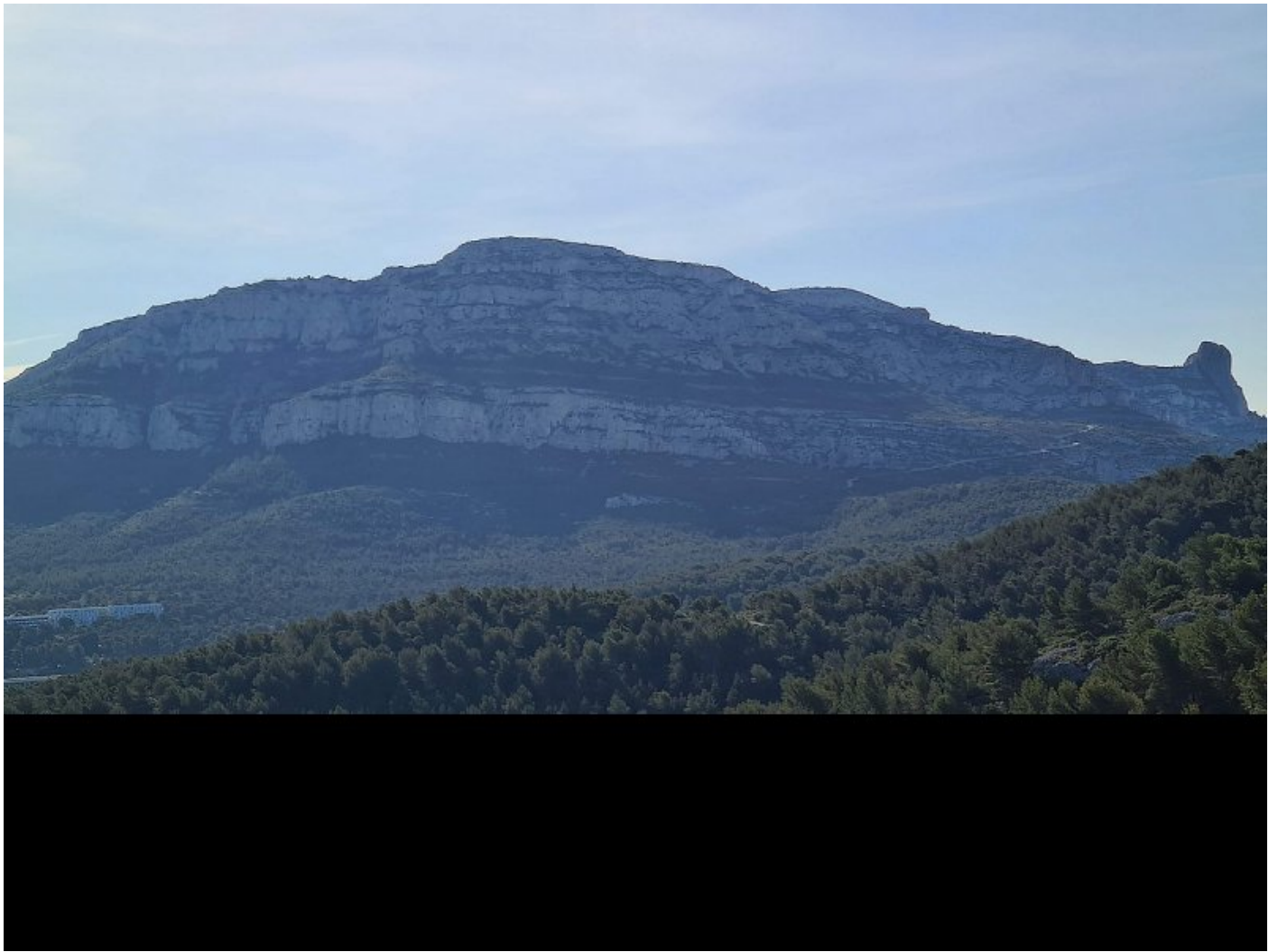
au port, prendre à droite vers sugiton, puis un pierrier vers la grotte bleue, dommage qu'il y ait beaucoup de touristes , étrangers ce jour qui viennent en bateau..puis revenir vers morgiou, passer la chaîne, et prendre une piste qui revient au parking, voir la carte..









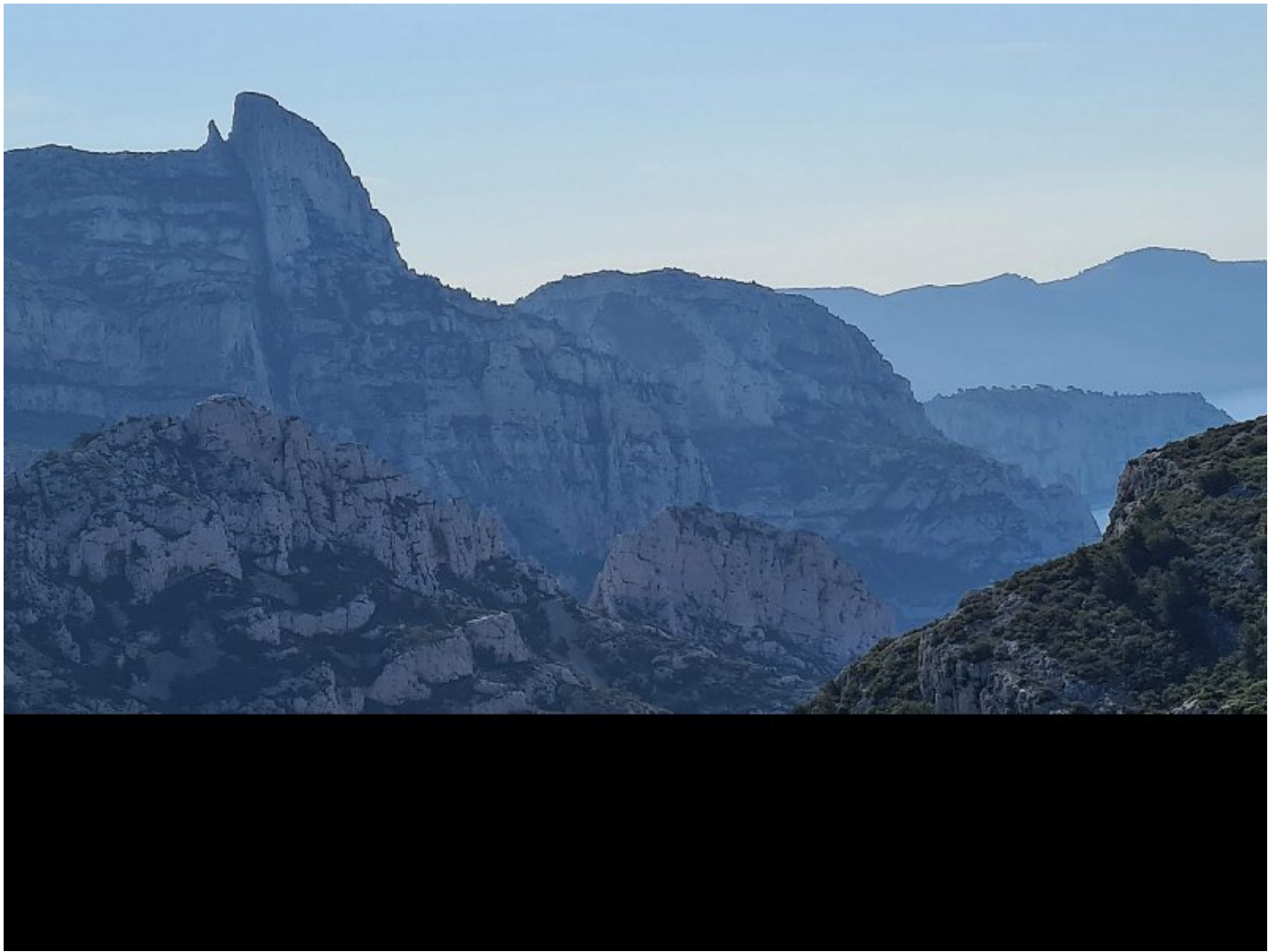


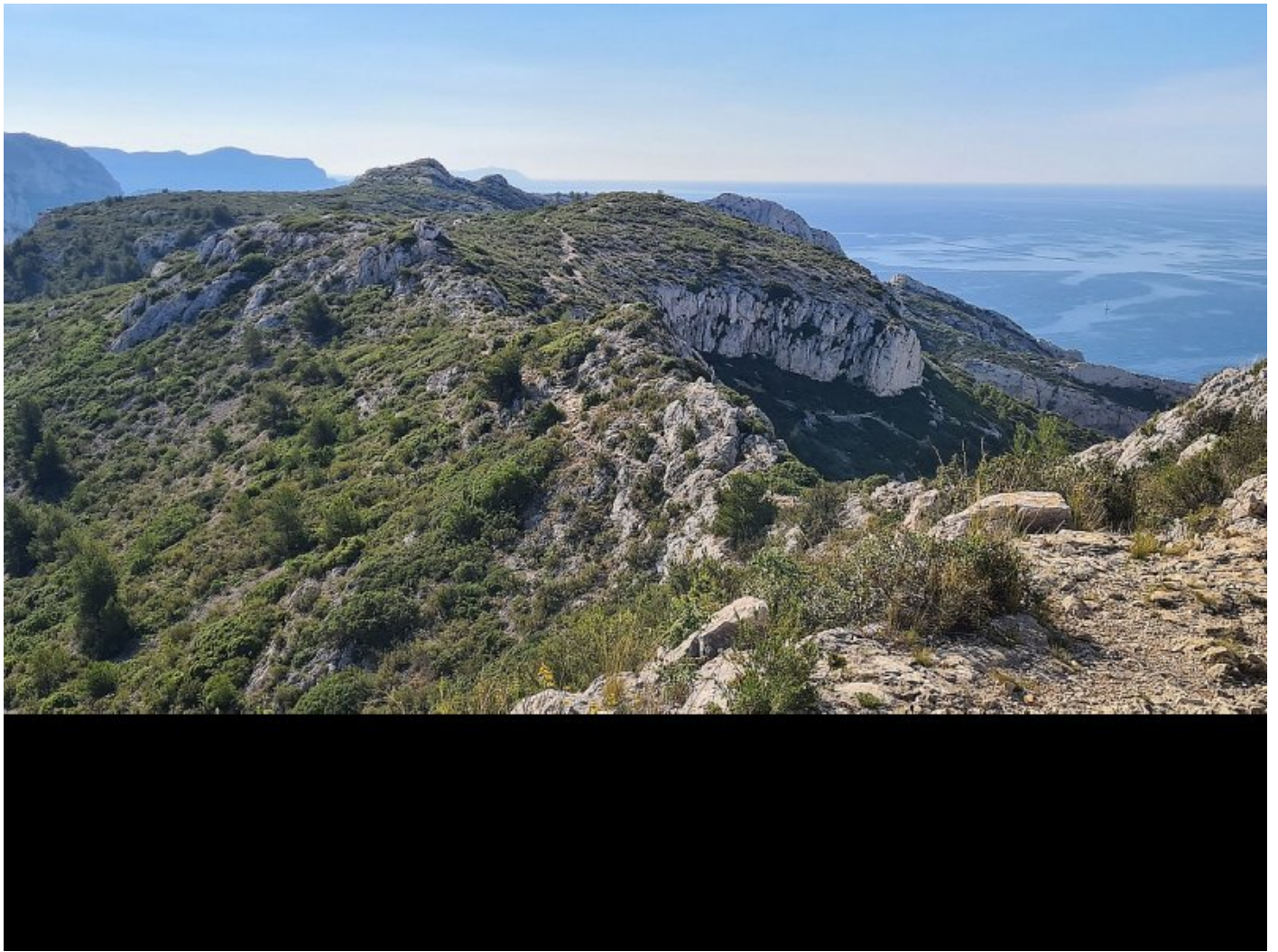


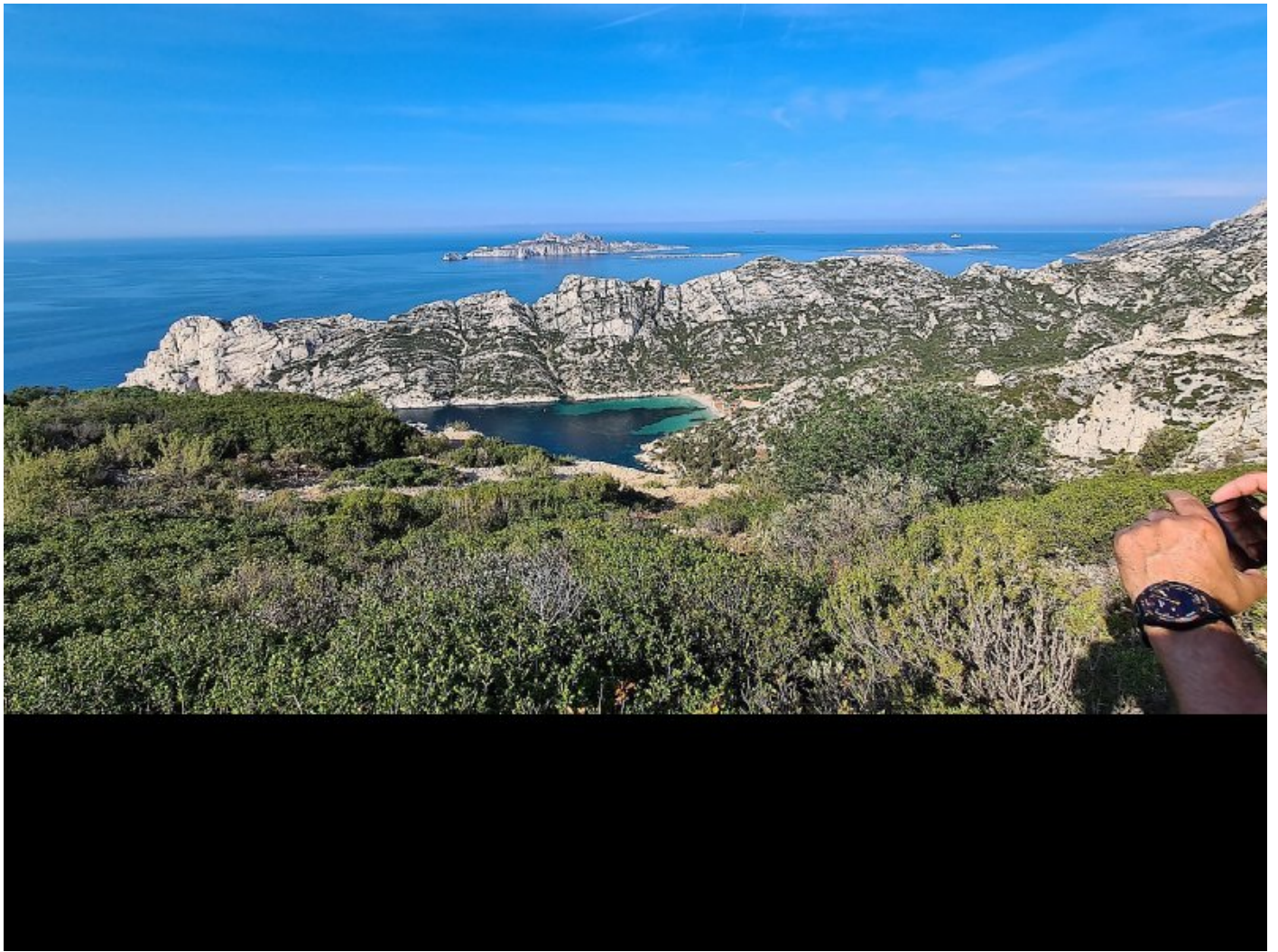






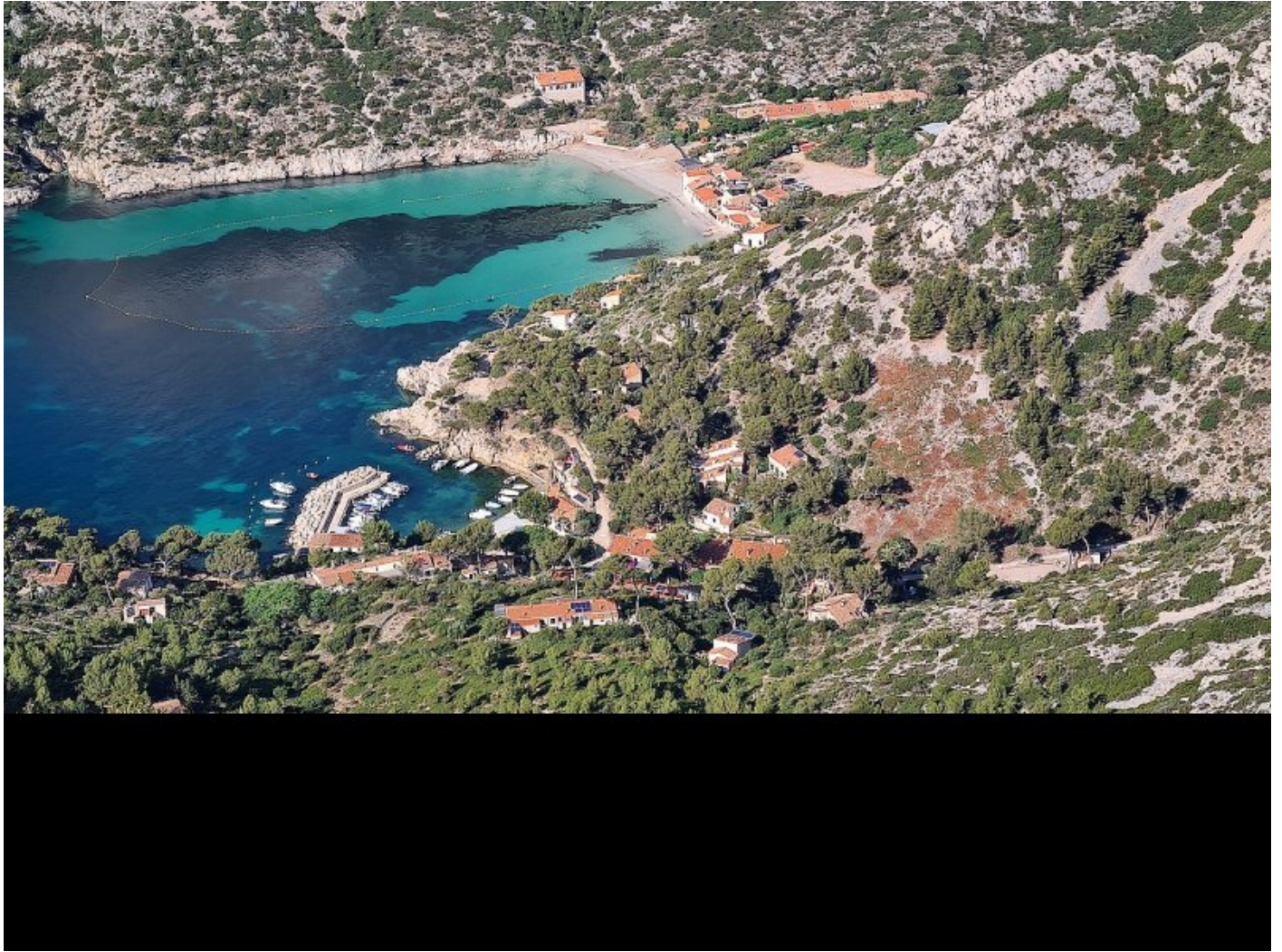


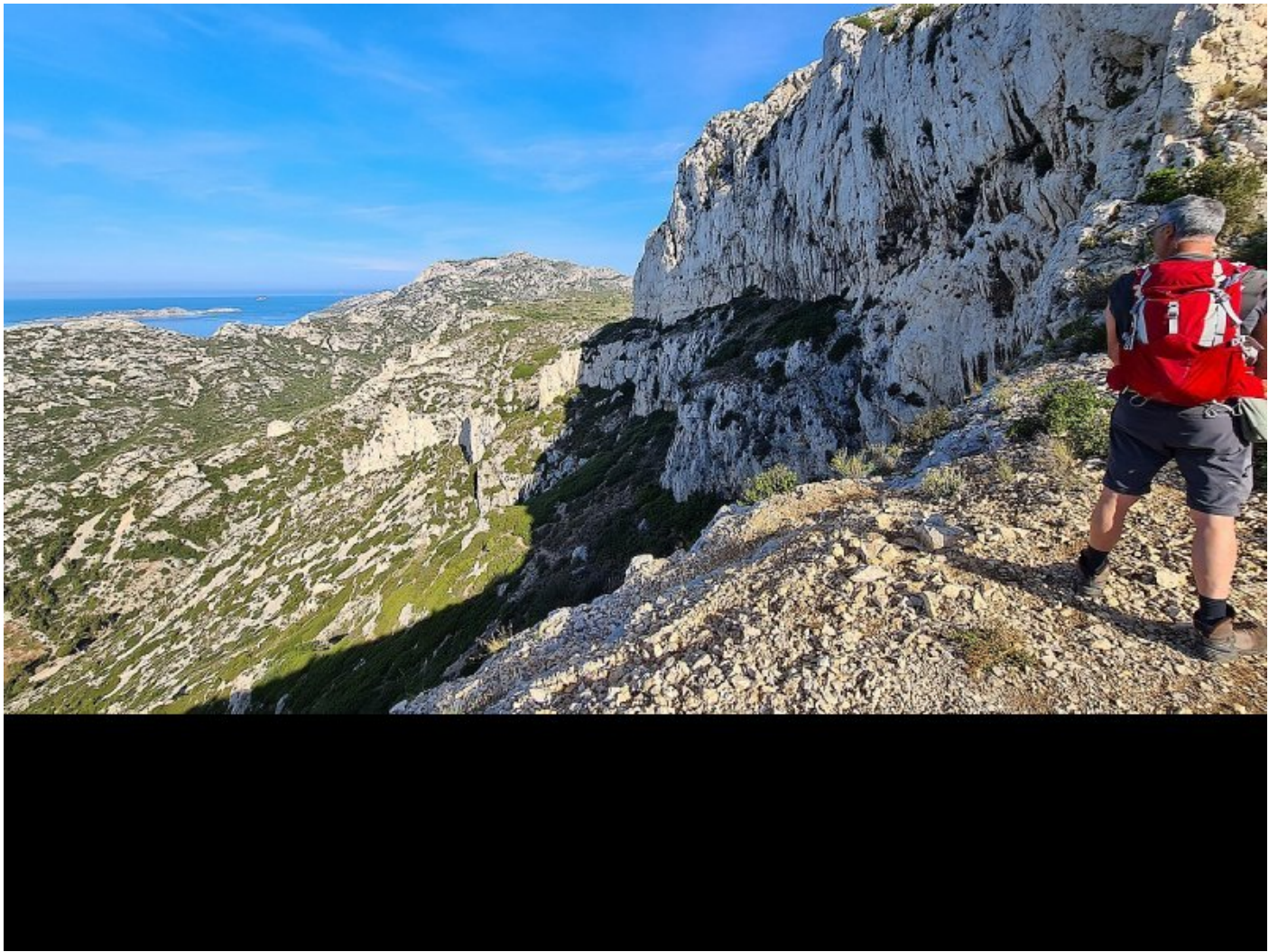






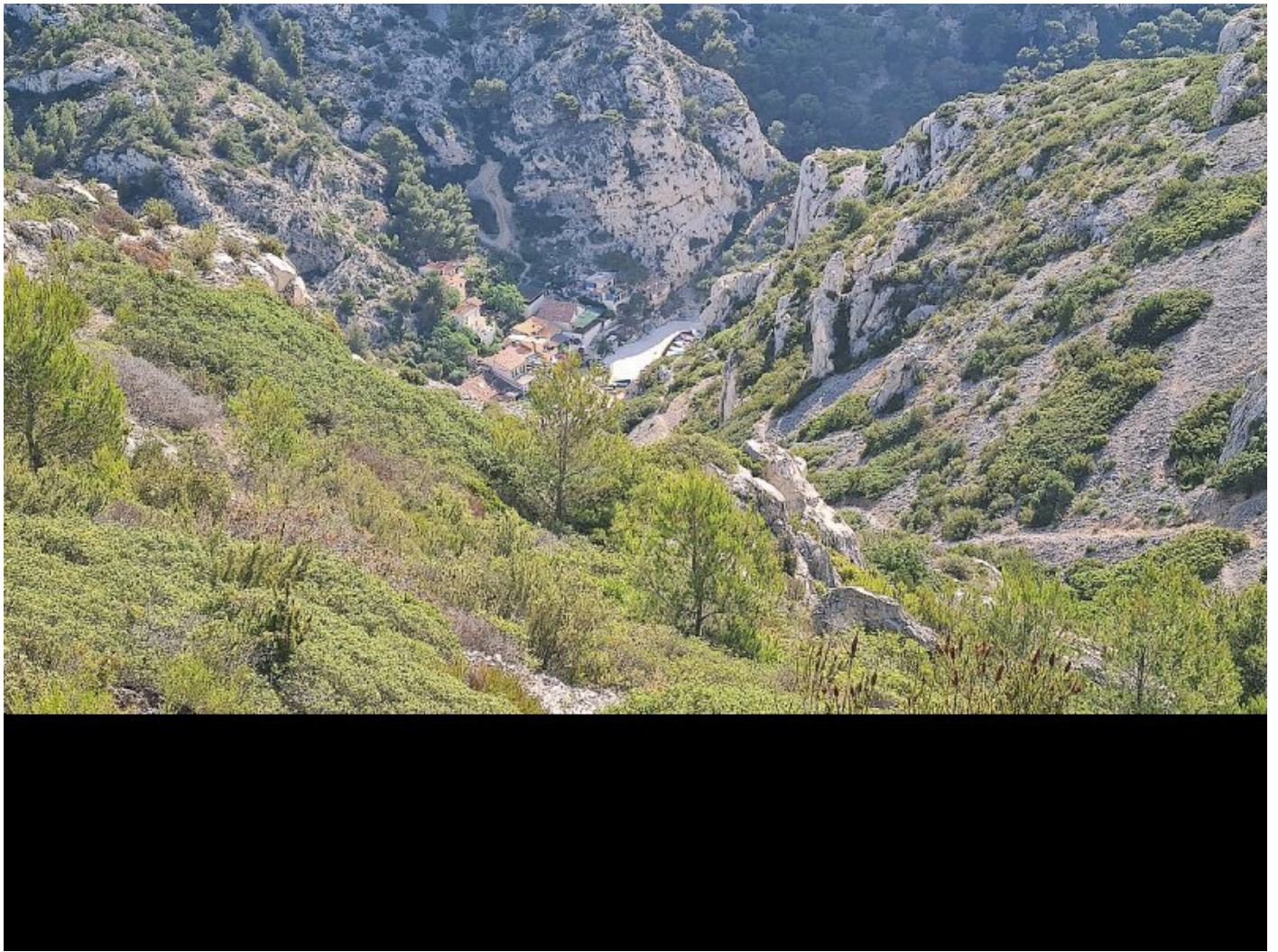


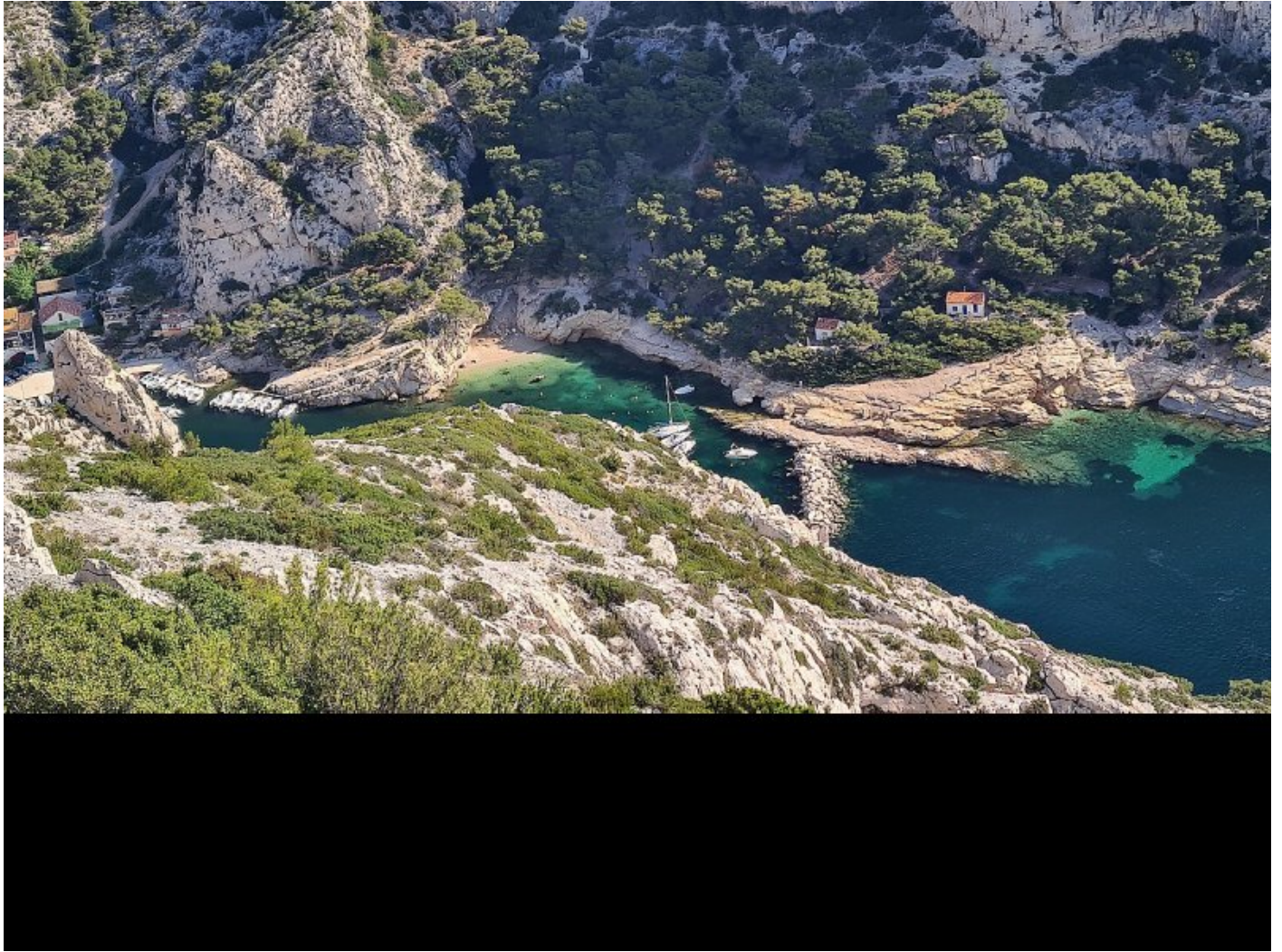


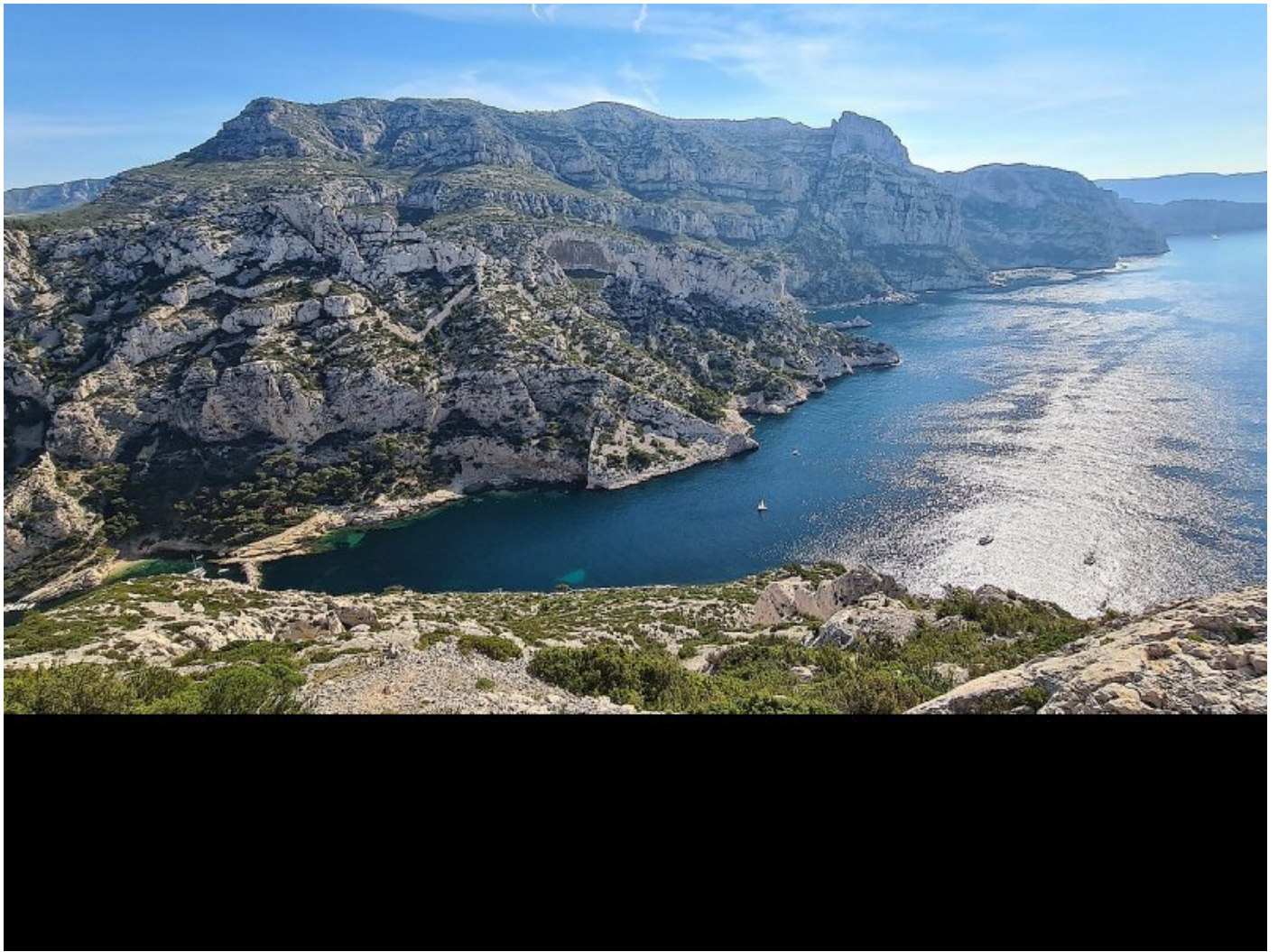


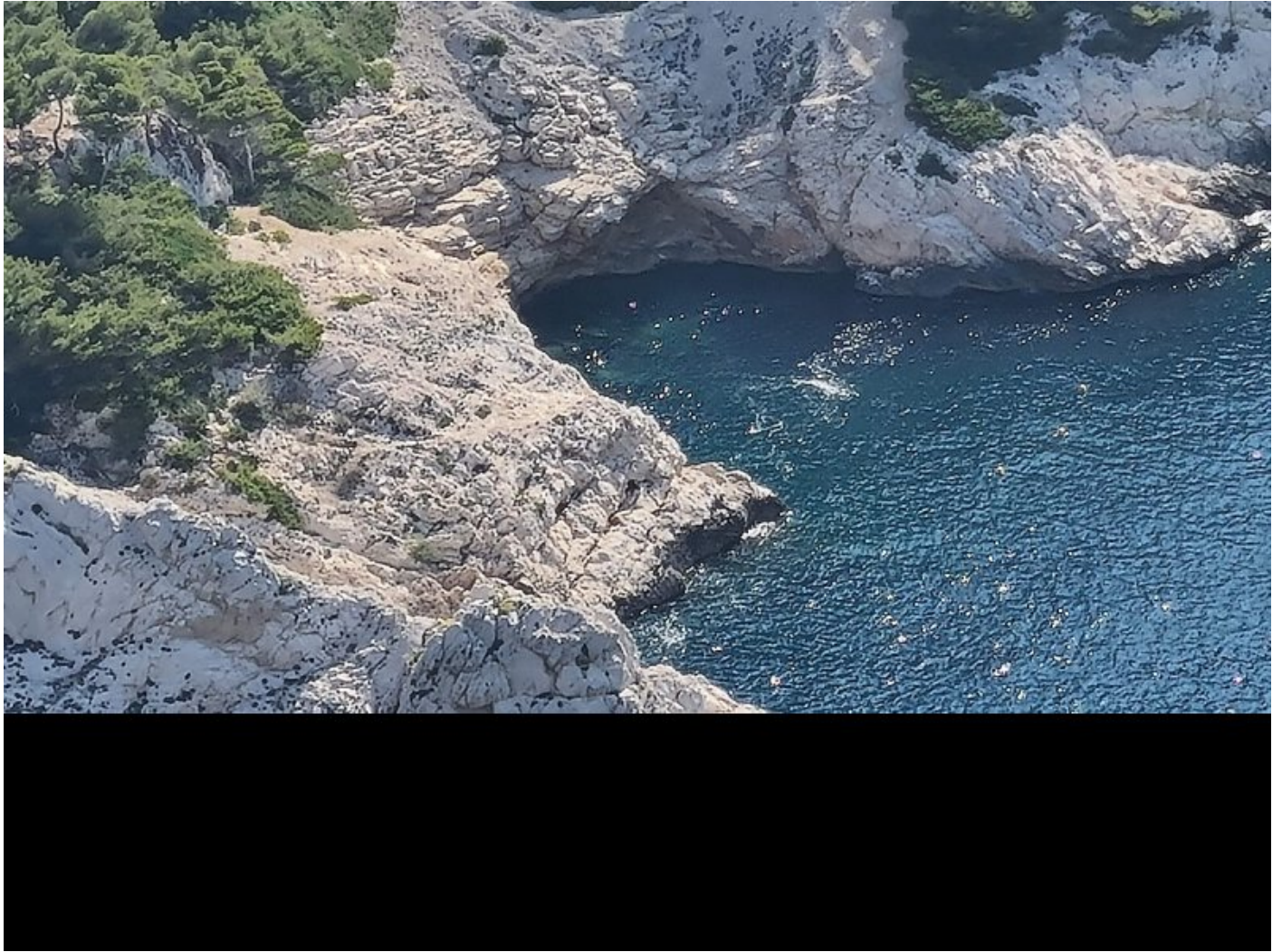


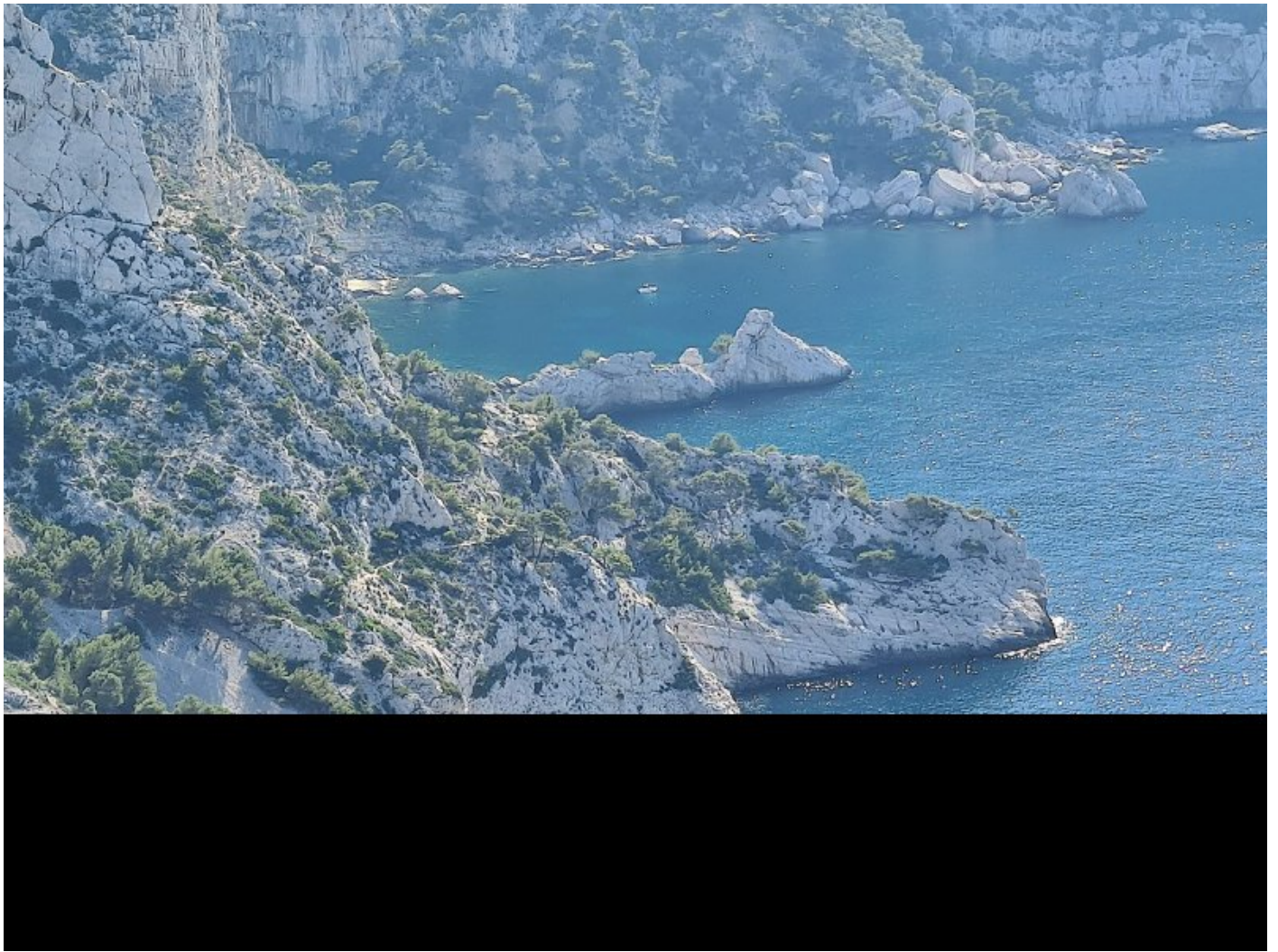


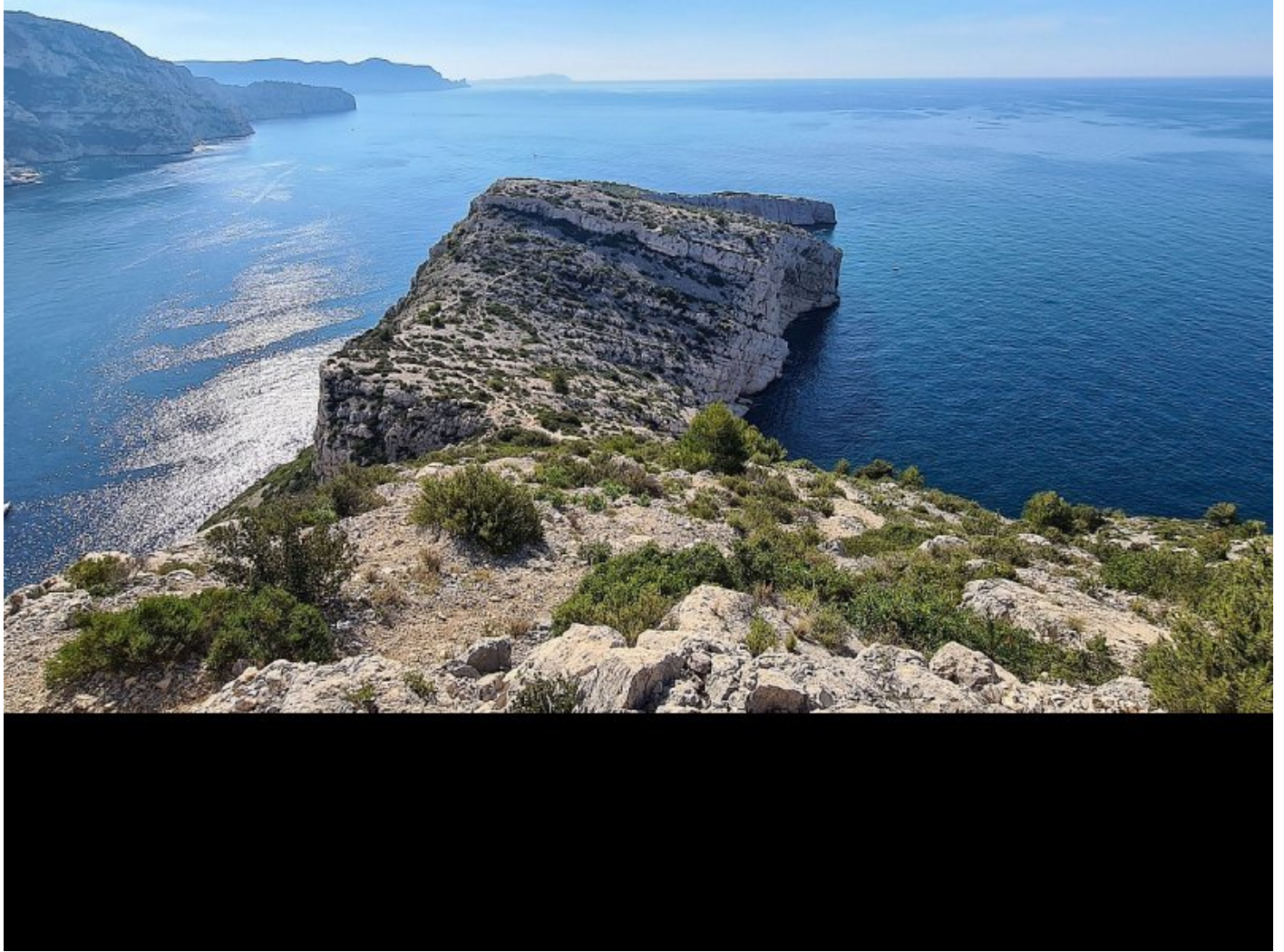


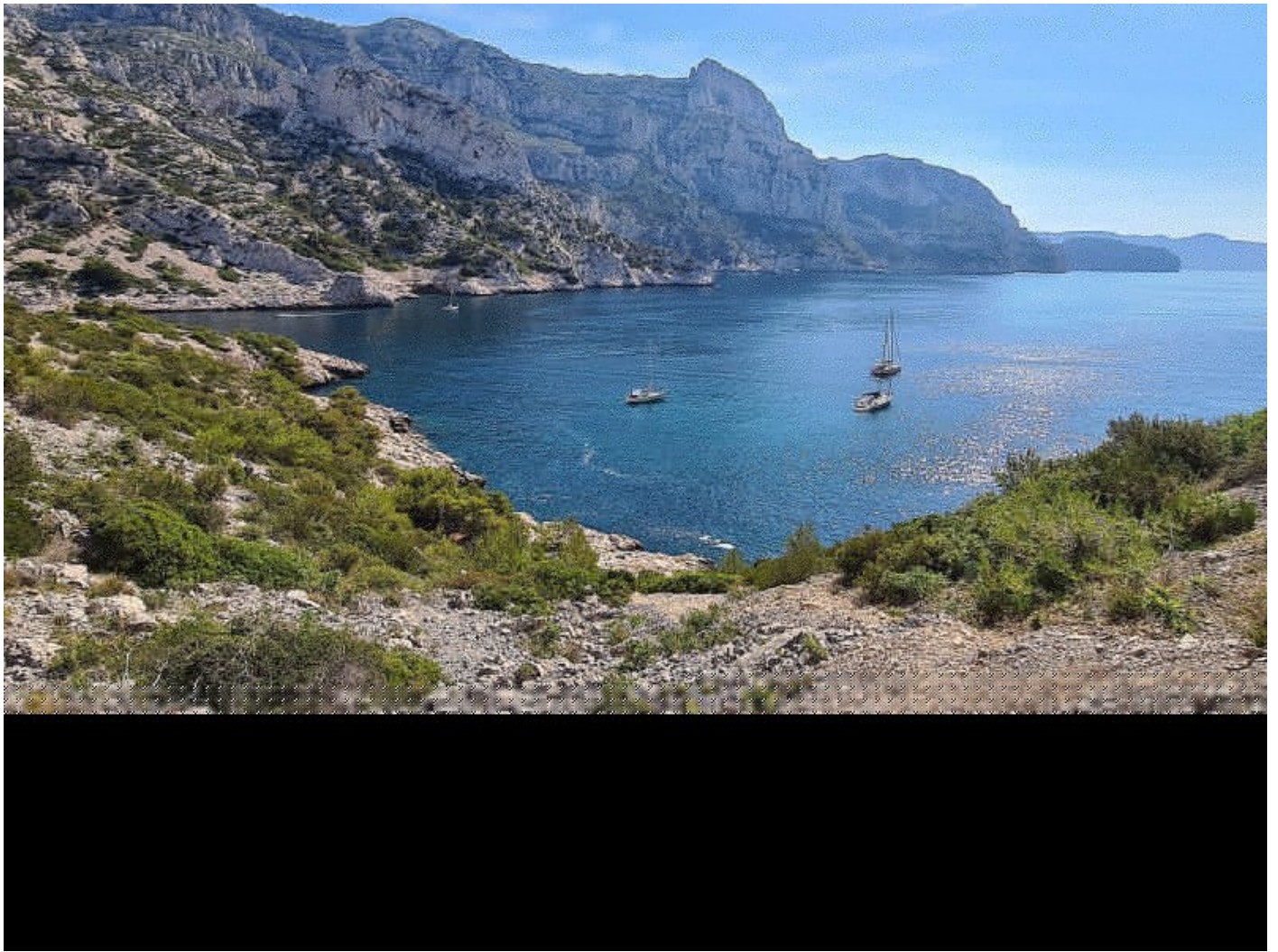






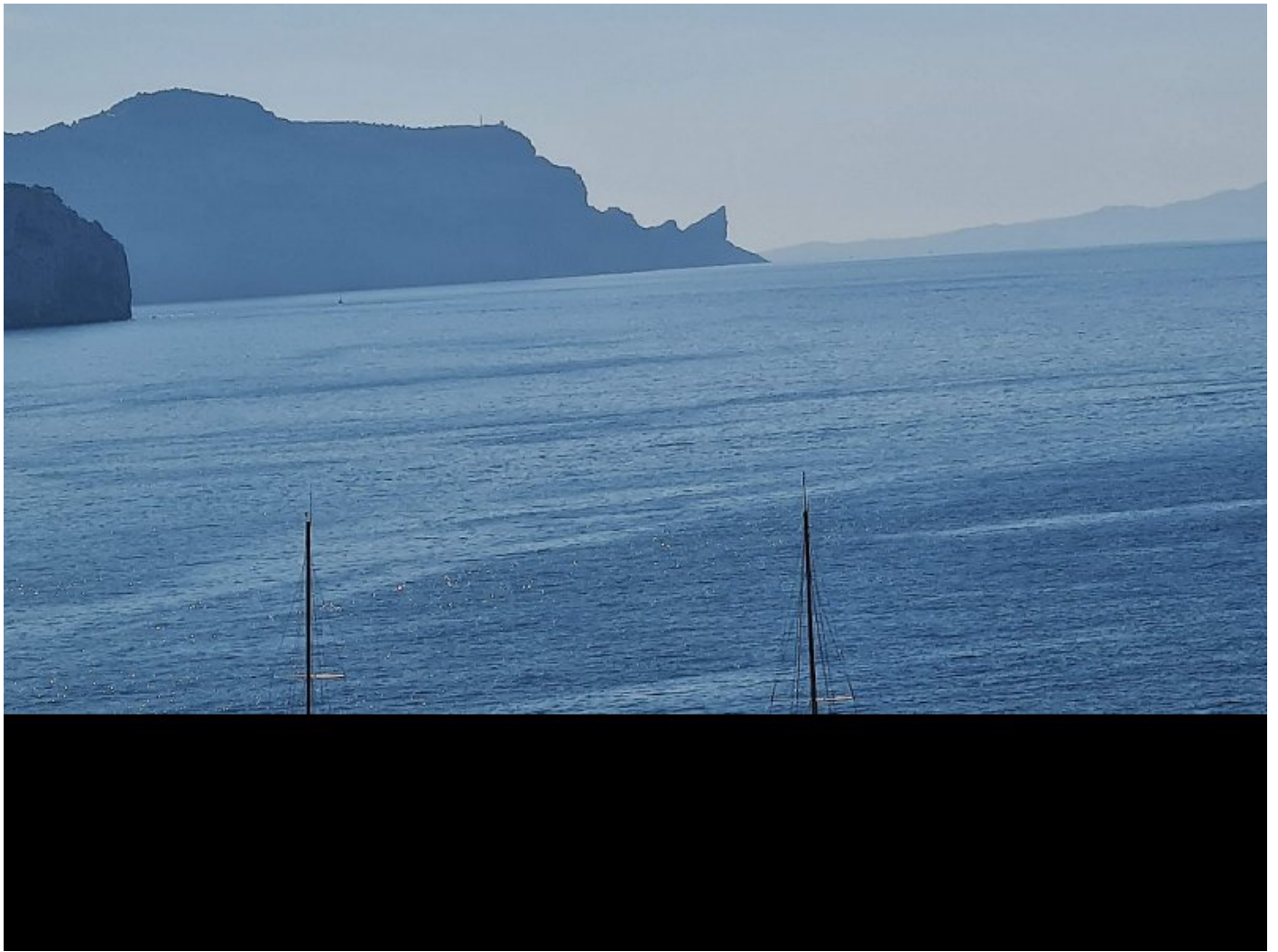






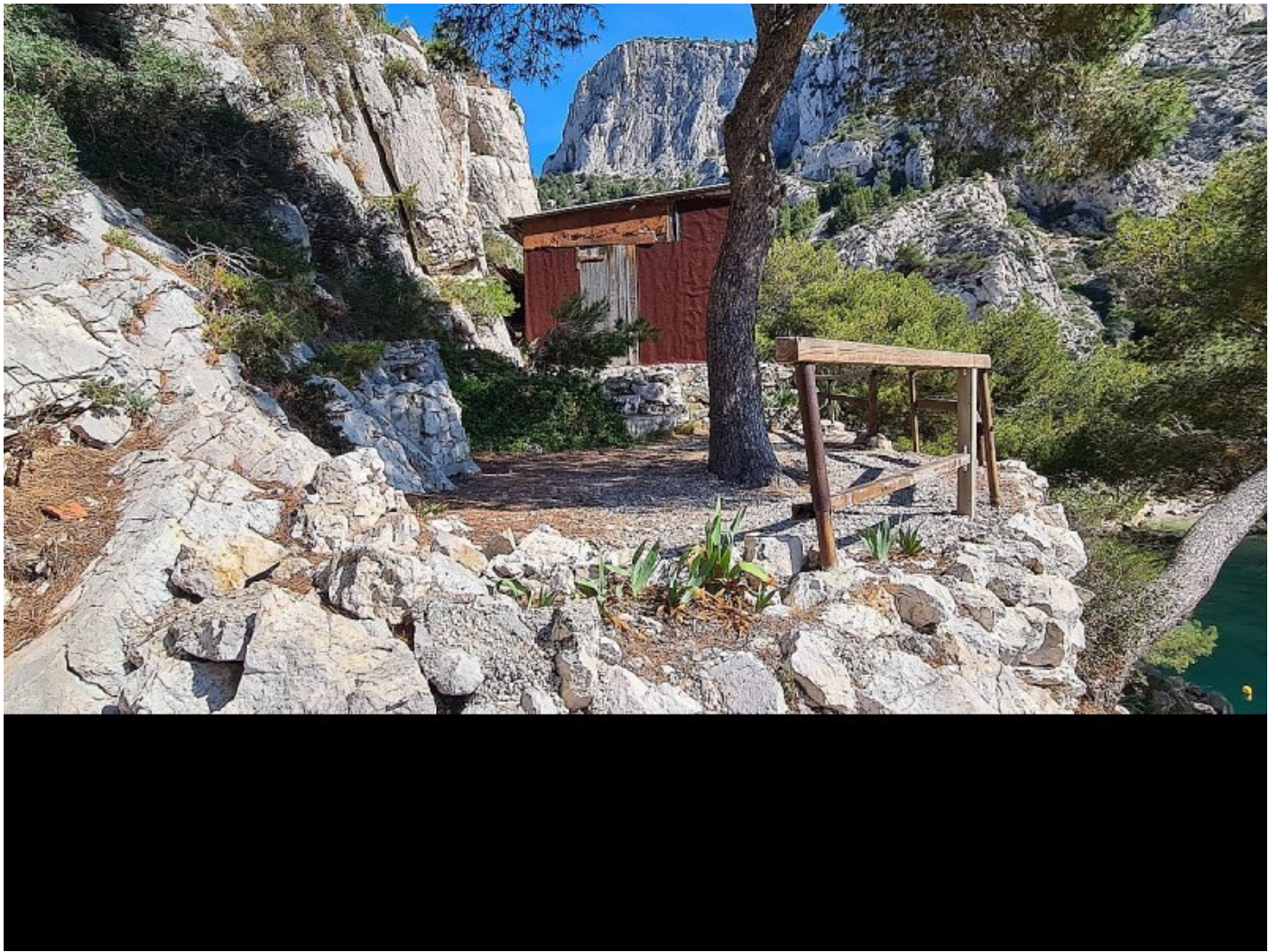




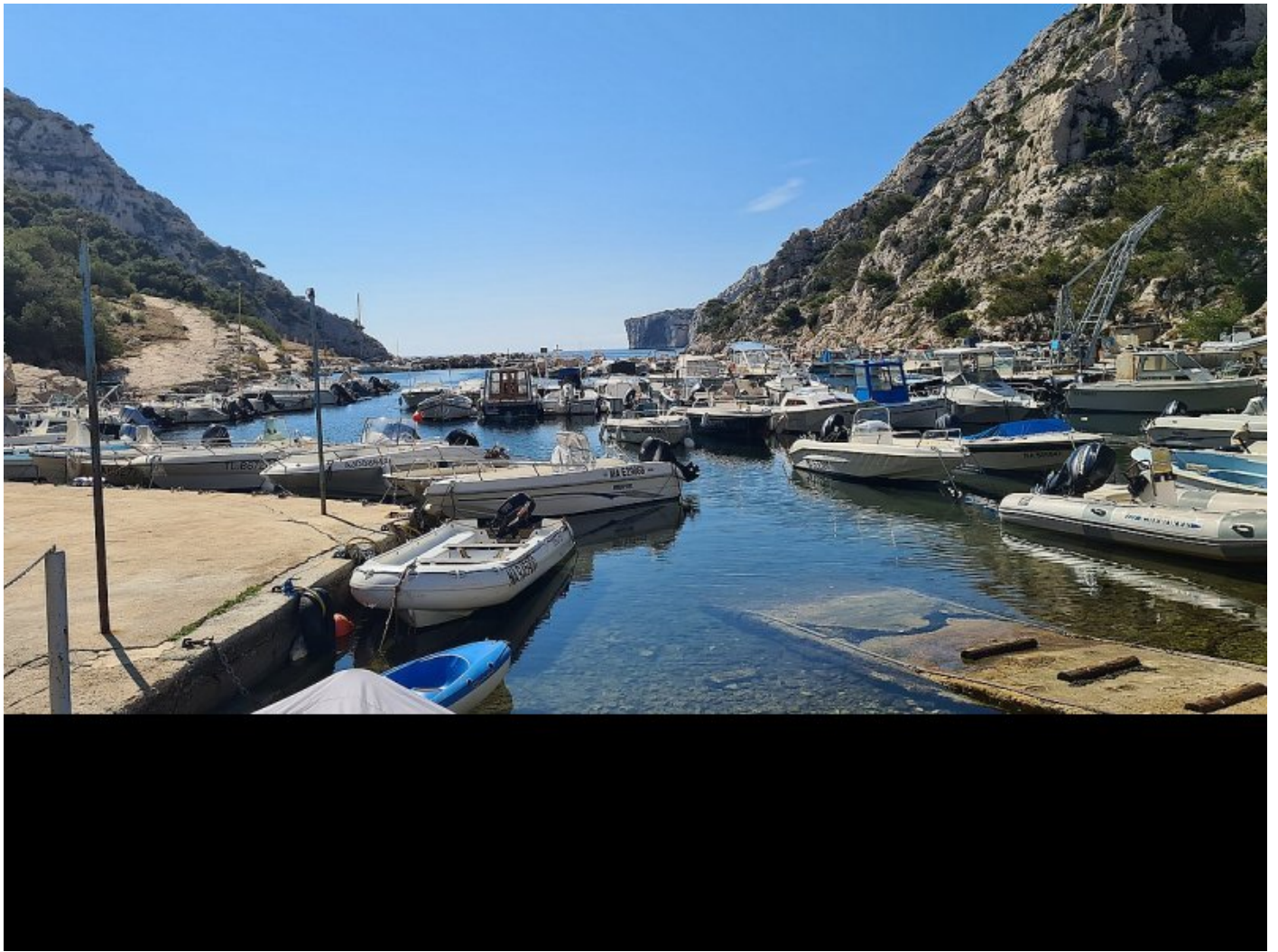






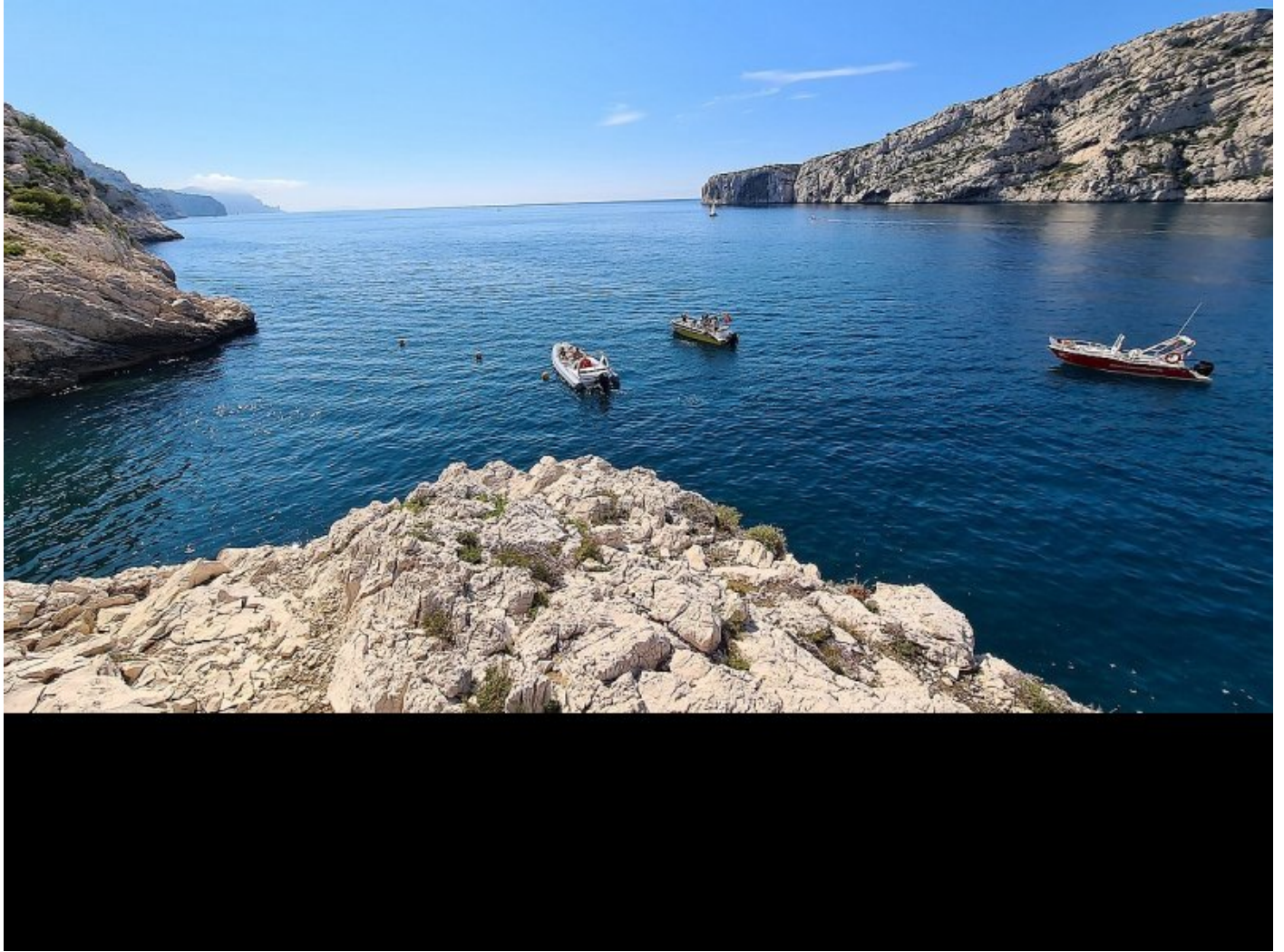






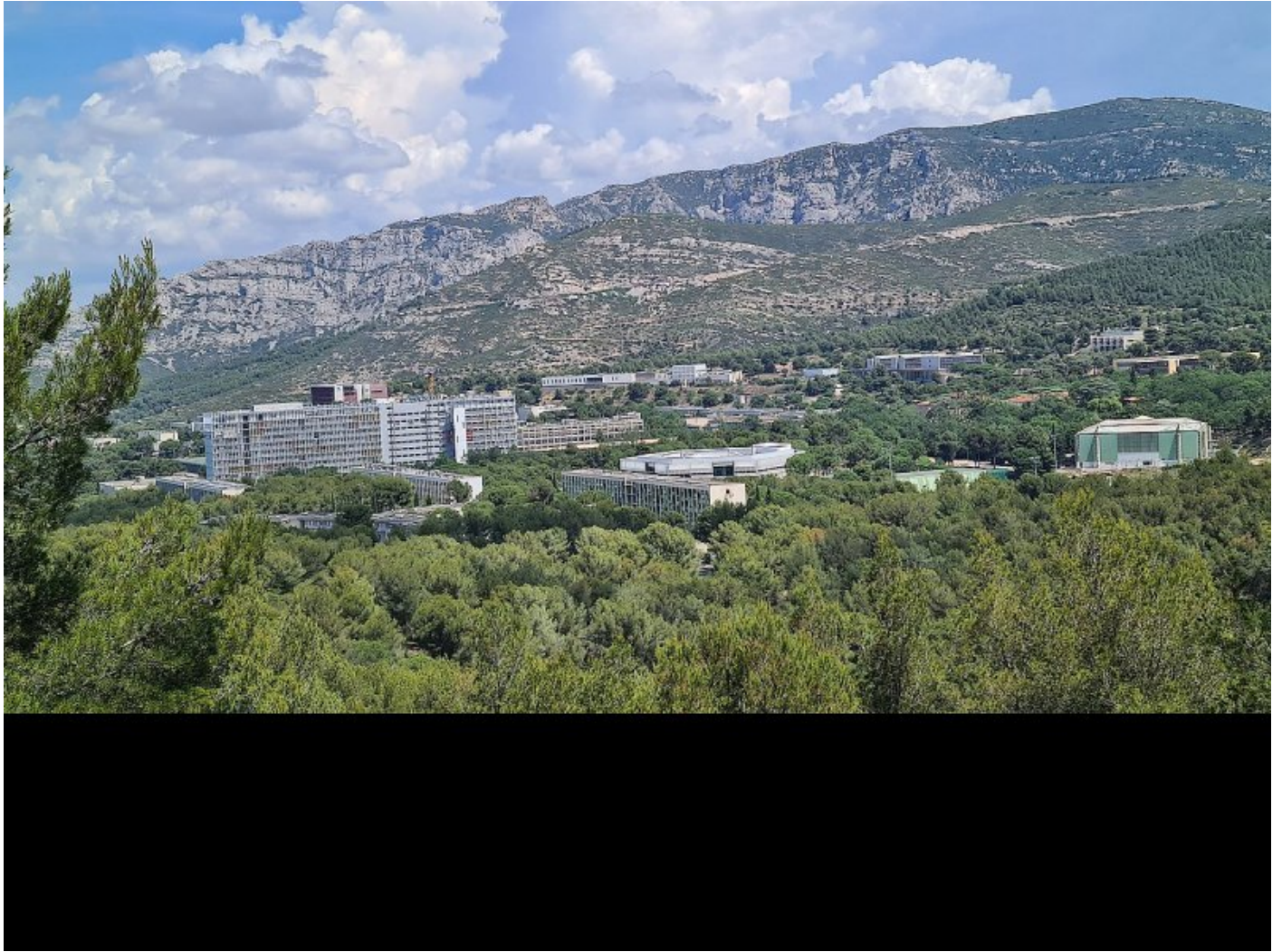




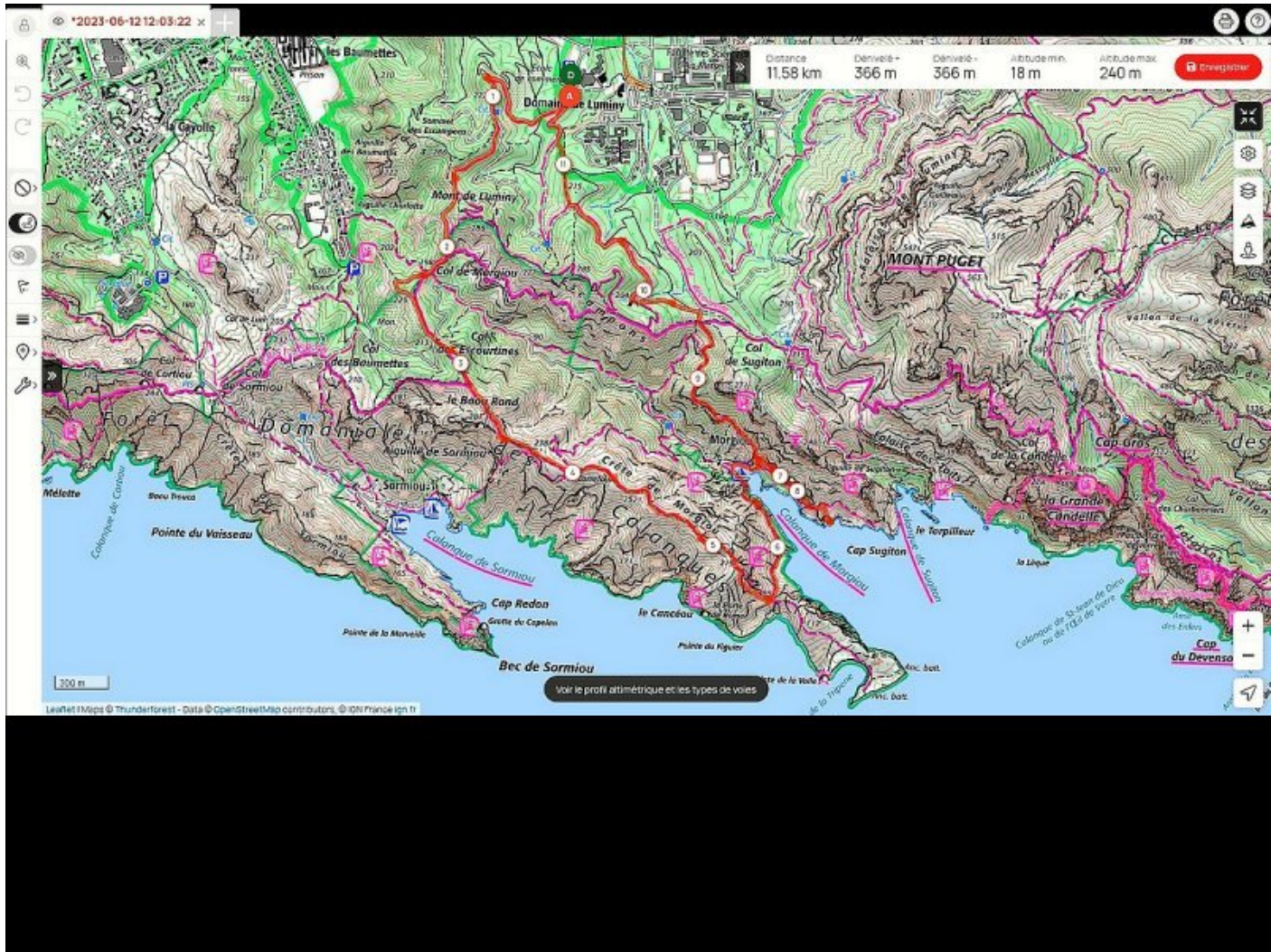




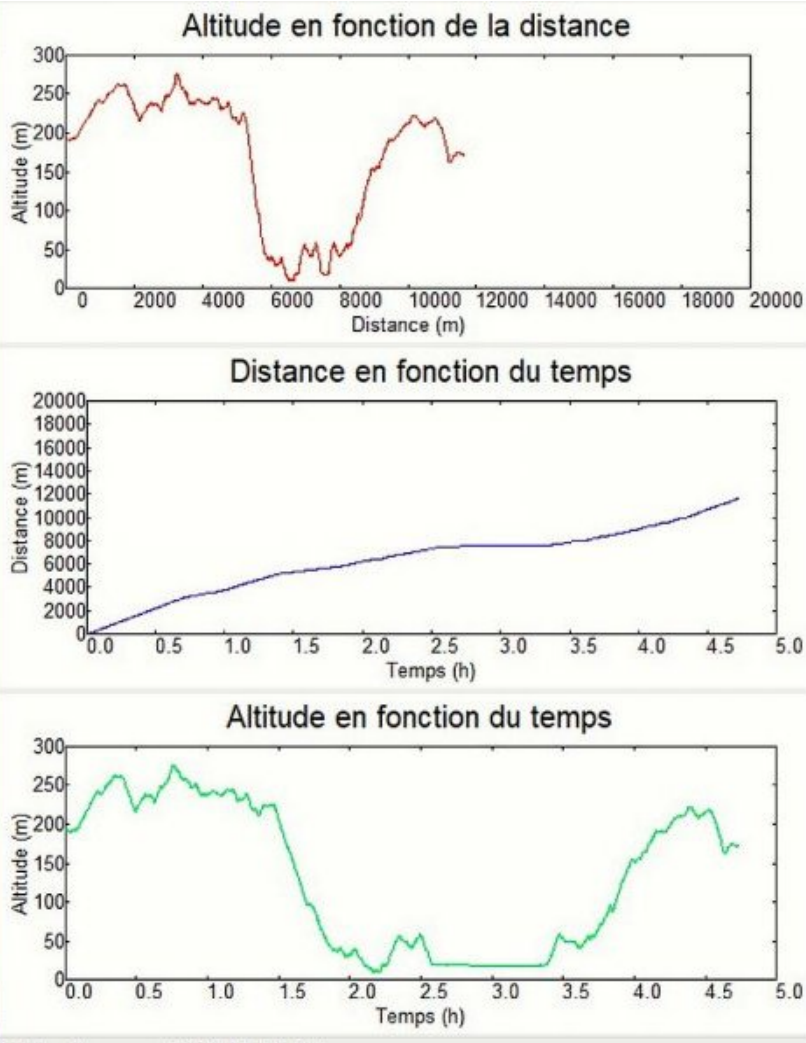








	Départ	Arrivée		
Date	12/06/23	12/06/23	Distance (m)	11620.757
Heure	06:19:37	11:03:24	Durée	04:43:46
Altitude (m)	191	171	Vitesse moy (km/h)	2.457
Altitude min (m)	10		Dénivelé + (m)	642
Altitude max (m)	276		Dénivelé - (m)	663
Altitude moy (m)	170			



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